

1 **YIELD AND QUALITY OF EGGPLANT (*Solanum melongena* L.) AS AFFECTED BY**  
2 **COVER CROP SPECIES AND RESIDUE MANAGEMENT**

3 E. Radicetti<sup>a</sup>, R. Massantini<sup>b</sup>, E. Campiglia<sup>a</sup>, R. Mancinelli<sup>a</sup>, S. Ferri<sup>b</sup>, R. Moschetti<sup>b\*</sup>

4 <sup>a</sup>Department of Science and Technology for Agriculture, Forest, Nature and Energy, Tuscia  
5 University, Via S. Camillo de Lellis snc, 01100, Viterbo, Italy

6 <sup>b</sup>Department for Innovation in Biological, Agro-food and Forest system, Tuscia University, Via S.  
7 Camillo de Lellis snc, 01100, Viterbo, Italy

8 \* Corresponding author Tel.: + 39 0761 357496; fax + 39 0761 357496 e-mail address:  
9 rmoscetti@unitus.it

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11 **ABSTRACT**

12 The aim of this study was to assess the effect of winter cover crops (hairy vetch, oat and  
13 oilseed rape) and their residue management (conventionally tilled and no-tilled soil) on eggplant yield  
14 and fruit quality. Hairy vetch residues showed high nitrogen accumulation, low C:N ratio and they  
15 improved the marketable yield, size, firmness, dry matter and soluble solids content of eggplant fruit  
16 (var. Mirabella) as well as potentially affecting pericarp color and lead to early fruit maturation.  
17 However, oat and oilseed rape residues showed poor nitrogen accumulation which affected both low  
18 eggplant yield and fruit quality due to high phenol content causing significant changes in color after  
19 slicing. Titratable acidity did not differ among treatments, while pH was slightly higher in fruit from  
20 tilled than no-tilled soils. The results suggest that hairy vetch residues placed on the soil surface as  
21 organic mulch could effectively improve eggplant yield and fruit quality.

22

23 **KEYWORDS:** sustainable agriculture, cover crop, residue management, color development,  
24 maturation stage

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26

## 27 **INTRODUCTION**

28       Vegetable crops are commonly grown in tilled soil in order to prepare the bed for transplanting.  
29 Moreover, fertilizers, drip irrigation, and polyethylene mulches are also used to ensure high crop yield  
30 and control weeds. Although these practices are aimed at improving crop performance, they can also  
31 lead to a rapid decline of the agro-ecosystem characteristics and consequently cause a reduction in  
32 both crop yield and fruit quality (Tilman et al., 2002). In particular, yield decline appears to be related  
33 to poor soil fertility conditions mainly attributed to the reduction of organic matter levels combined  
34 with an increase in the incidence of soil-borne diseases (Fageria et al., 2005). Consequently, it is  
35 essential to develop sustainable farming practices such as cover cropping as alternative solutions  
36 (Tilman et al., 2002). The term cover crop is used to indicate a wide range of plants that are grown in  
37 rotation for various agro-ecological benefits (Hartwig and Ammon, 2002). Cover crops could play a  
38 key role in sustainable cropping systems (Sarrantonio and Gallandt, 2003) as they protect and feed  
39 the soil, promote nutrient availability and balance, reduce weed pressure and provide habitat for  
40 beneficial insects (Hartwig and Ammon, 2002). In the Mediterranean environment, before  
41 transplanting the following summer vegetable crops, winter cover crop residues can be incorporated  
42 into the soil as a green manure in conventional agriculture systems, or alternatively the cover crops  
43 aboveground biomass can be left, uniformly by the adoption of roller crimper (Canali et al., 2013) or  
44 in strips by the adoption of hay-conditioner (Campiglia et al., 2011b), on the soil surface as organic  
45 dead mulches in conservation agriculture systems. Recently, the adoption of organic dead mulches in  
46 no-till strategy has received increasing interest in vegetable cropping systems due to their capability  
47 to supply plant nutrients (Canali et al., 2013), control weeds (Ciaccia et al., 2015; Radicetti et al.,  
48 2013) and maintain soil quality (Mancinelli et al., 2015). Although cover-crop mulches provide  
49 valuable benefits (Canali et al., 2013), several agronomical constrains, such as cover crop re-growth  
50 and poor crop planting, could limit the success of conservation tillage strategy based on cover-crop  
51 mulch (Luna et al., 2012).

52 The eggplant (*Solanum melongena* L.) is one of the top ten vegetable foodstuffs in the  
53 Mediterranean diet and the main producer of eggplant fruits of all European Countries is Italy where  
54 it is cultivated in open field during the spring-summer period or in greenhouses from September to  
55 December (Moncada et al., 2013). The eggplant has a high antioxidant capability due to its content  
56 of chlorogenic acid, anthocyanin pigments and/or nasunin (Mennella et al., 2012). In general, the  
57 phenolic content of the eggplant fruit mainly depends on cultivar and pre-harvest factors such as  
58 environment and agricultural practices (Moncada et al., 2013; Singh et al., 2009). Moreover  
59 commercially, eggplant are harvested and consumed when the fruit are immature, before a substantial  
60 seed development (Arasimowicz and Gajewski, 2004). Mature eggplant fruits are considered  
61 unmarketable due to their unpleasant fruit color, texture, pithy and bitter taste as well as the large  
62 amount of mature seeds. In general, eggplant pericarp color is considered to be a pre-maturity  
63 indicator of the fruit (Cantwell and Suslow, 1997); in fact, the dark-purple color and pericarp  
64 glossiness gradually increase prior to maturation stage. Moreover, tissue texture, which depends on  
65 both softening enzymes and water loss, is a limiting factor for fresh-market eggplant fruit (Beaulieu  
66 et al., 2004). In fact, texture is related to the intrinsic characteristics of the fruit such as size, maturity  
67 stage, cuticle thickness and natural wax on the fruit surface (Díaz-Pérez et al., 2007). Consequently,  
68 maturation indices such as firmness, peel luminance and soluble solid and phenol contents are strictly  
69 related to the quality attributes of the eggplant fruit (Mennella et al., 2012).

70 It is well-known that some agricultural practices which produce high marketable yields often  
71 result in less than optimal organoleptic and nutraceutical fruit qualities (Kader, 2008). At present,  
72 research and development are aimed at identifying the best agricultural practices to maximize the  
73 organoleptic qualities of marketable fruit by promoting the development of non-conventional  
74 strategies aimed at reducing the use of chemical inputs (Shewfelt and Prussia, 2009). However, non-  
75 conventional practices present serious technical challenges since they require a good understanding  
76 of crop physiobiology, abiotic/biotic stress pressure and their impact on the quality of the produce  
77 (Raigón et al., 2010; Zhao et al., 2007). Fortunately, the eggplant grows well in non-conventional

78 practices, showing resistance and tolerance against many types of biotic stress which are common in  
79 *Solanaceae* as well as high yield in hot-wet environments (Hanson et al., 2006; Sherf and MacNab,  
80 1986). We hypothesized that using different winter cover crops species and residue managements  
81 could affect the yield characteristics of an eggplant crop. The main objectives of this study were to  
82 evaluate the effects of different cover crop species and residue managements in no-tillage or in  
83 conventional tillage on marketable fruit yield and fruit quality of eggplant crop, and to find a  
84 management package capable of minimizing agronomical inputs and improving vegetable fruit  
85 quality in the Mediterranean environment of central Italy.

86

## 87 **MATERIALS AND METHODS**

### 88 *Experimental site and design*

89 A field experiment was carried out during the 2009/2010 and 2010/2011 growing seasons at  
90 the experimental farm of Tuscia University in Viterbo, Italy (Latitude 42° 24' 53'' N, Longitude 12°  
91 03' 55'' E, Altitude 310 m a.s.l.) in a two adjacent fields previously cropped with durum wheat  
92 (*Triticum durum* Desf.). The soil in the experimental area is classified as *Typic Xerofluvent* (Soil  
93 Survey Staff, 2009) with the following characteristics in the 0 – 30 cm layer: sand 45 %, silt 17 %,  
94 clay 38 %; pH 6.79 (water,1:2.5); organic matter 1.32 % (Lotti method); and total nitrogen 0.094 %  
95 (Kjeldahl). The area has a typically Mediterranean climate. Rainfall ranges from 700 to 900 mm per  
96 year and falls mainly from October to April. The annual average temperature is 14°C, with a  
97 maximum of 35°C observed in July and a minimum of -2°C observed in February.

98 The 2-year experiment consisted in: (a) four winter soil managements {three different cover  
99 crops [hairy vetch (*Vicia villosa* Roth., var. Capello), oat (*Avena sativa* L., var. Donata), and oilseed  
100 rape (*Brassica napus* L., var. Licapo)] and a control plot without cover crop (hereafter called bare  
101 soil)}; (b) two different soil tillage for managing cover crop residues [green manure residues at 30  
102 cm of soil depth to simulate conventional tillage; and residues left on the soil surface to simulate no-  
103 tillage]. The experimental design was a split-plot, where the winter soil management was the main

104 factor and the soil tillage was the split factor. The treatments were replicated three times for a total of  
105 24 basic plots. The main plot size was 48 m<sup>2</sup> (6 m x 12 m) and the sub-plot size was 24 m<sup>2</sup> (6 m x 4  
106 m).

107

#### 108 *Field experiment description*

109 At the beginning of each cover crop–eggplant sequence, the soil was ploughed to a depth of  
110 30 cm, fertilized with 100 kg P<sub>2</sub>O<sub>5</sub> ha<sup>-1</sup> as triple superphosphate, and harrowed for seedbed  
111 preparation. In both years, all cover crops were sown manually in September and the seeds were  
112 superficially buried by harrowing. The seed rate was 60, 100, and 15 kg ha<sup>-1</sup> for hairy vetch, oat, and  
113 oilseed rape, respectively. The bare soil plots were managed similarly to the cover crop plots. In May,  
114 all cover crops were mechanically suppressed at the same time and managed as follows: (a) chopped  
115 by means of a straw chopper and immediately incorporated into the soil at a depth of 30 cm with a  
116 mold-board plough (conventional tillage); and (b) mowed approximately 5 cm above the soil surface  
117 and placed in strips as mulch layers with a hay-conditioner farm machine (no-tillage). The mulch  
118 strips consisted in 50 cm wide uniform layers of cover crop residues that were arranged at a distance  
119 of 1-m centre strip from one another alternating a mulched strip with a 50 cm wide strip of un-mulched  
120 soil (Campiglia et al., 2011b) (Fig. 1). The mulch strips of cover crop residues were used as  
121 transplanting beds for the eggplant seedlings. In the bare soil, the transplanting bed was prepared at  
122 cover crop suppression with a mold-board plough and rotary hoe to simulate conventional tillage or  
123 a herbicide (glyphosate) to simulate no-tillage, respectively.

124 Just after cover crop suppression, one-month old eggplant seedlings (*Solanum melongena* L.  
125 var. Mirabella) of 10-cm height were transplanted by hand at a density of 3 plants m<sup>-2</sup>. The same  
126 arrangement was maintained in all treatments. In the no-tillage, the eggplant seedlings were  
127 transplanted in the middle of the mulch strips with a minimal disturbance of the soil and the mulch  
128 layer. Irrigation water was supplied by means of drip irrigation tape installed over the mulch layer (in  
129 no-tillage) and on the soil surface (in conventional tillage) at a distance of 5 cm from plant rows. Each

130 pipe had on-line emitters with a capacity of 3 L h<sup>-1</sup>. The amount of water input was determined by  
131 evapo-transpiration estimated by class A pan evaporimeter and converted by crop coefficients (Allen  
132 et al., 1998). All plots were maintained weed-free by hand-weeding. No chemical fertilizers were  
133 applied throughout the eggplant cultivation to assess the effects of the cover crops and their residue  
134 managements on eggplant fruit yield and fruit quality.

135

#### 136 *Field measurements and sample preparation*

137 The rainfall and temperature data were collected from an automatic weather station located  
138 about 200 m from the experimental site. The eggplant fruit-samples were collected 30 days after  
139 flowering when the fruits within the plot were deemed to be in the same dark-purple maturity stage  
140 with fresh green calyx, discarding those which were not fully developed or over-mature. In both years,  
141 fruit harvesting was performed four times from early August through to mid-September. At the first  
142 harvest, fruits of 10 plants were harvested from the two middle rows (5 plants per row) of each sub-  
143 plot (number and fresh weight). At each harvest time (hereafter called HT), the marketable fruits of  
144 the same 10 plants were collected and immediately taken to the laboratory for analytical  
145 measurements. At the last HT, the same 10 plants were harvested by cutting manually at the soil  
146 surface in order to determine the residual plant weight (oven dried at 70 °C until constant weight).

147 SPAD-502 (Konica Minolta, Osaka, Japan) was used to estimate the chlorophyll  
148 concentration of the eggplant crop on the 4<sup>th</sup> fully grown leaf from the top of the plant. The  
149 chlorophyll content was measured at every HT on the same harvested plants. Ten readings (one  
150 reading per plant) were taken in each replication and averaged (Minotti et al., 1994).

151

152

#### 153 *Physical and chemical analysis on fruits*

154 Peel color assessment was carried out with digitalization techniques according to Moschetti et  
155 al. (2012) Image was acquired at a resolution of 480 dpi. ImageJ software v1.48 (National Institute

156 of Health, Bethesda, US-MD) was used to collect data on a  $3 \times 10^5$  pixel square area for each fruit.  
157 Results were expressed according to the CIELab color space by  $L^*$  (luminance),  $h$  (hue angle,  $h =$   
158  $\tan^{-1} b^*/a^*$ ; expressed as  $-180^\circ < h < +180^\circ$ ) and  $C^*$  (saturation index or chroma,  $C^* = [a^{*2} + b^{*2}]^{1/2}$ )  
159 coordinates.

160 Flesh color was measured with a colorimeter mod. CM-2600d (Konica Minolta, Osaka,  
161 Japan). The fruits were equatorially cut between blossom and stem end and three readings per fruit  
162 slice were taken along the peripheral-endocarp surface. The mode used for acquiring data was CIE  
163 Standard Illuminant D65 (Daylight), Observer  $10^\circ$  and 8-mm diameter of measurement aperture. The  
164 results were expressed according to the CIELab color space. Moreover, Browning Index ( $BI = [(100$   
165  $- L_0^*)^2 + a_0^{*2} + b_0^{*2}]^{1/2} - [(100 - L_{10}^*)^2 + a_{10}^{*2} + b_{10}^{*2}]^{1/2}$ ) and CIE 1976 color difference ( $\Delta E^* =$   
166  $[\Delta L^{*2} + \Delta a^{*2} + \Delta b^{*2}]^{1/2}$ ) were calculated by comparing color coordinates taken immediately after  
167 cutting ( $L_0^*$ ,  $a_0^*$  and  $b_0^*$ ) and 10-min later ( $L_{10}^*$ ,  $a_{10}^*$  and  $b_{10}^*$ ). BI and  $\Delta E^*$  were acquired to obtain  
168 complementary information related to changes in color after cut (Raig et al., 2007)  $\Delta E^*$  was expressed  
169 according to the evaluation scale used by Cecchini et al. (2011).

170 The number of seeds was measured with a Perfection V350 Photo (Epson, Suwa, Japan) flat  
171 scanner, which was used to perform the digital image acquisition of berry slice, equatorially cut  
172 between blossom and stem. Scanner profiling and data collection were performed according to  
173 Moscetti et al. (2014) with some modifications: the resolution of the digital image was  $1340 \times 1142$   
174 pixels (300 dpi), the image processing algorithm was developed using Python 3.4.3 software  
175 ([www.python.org](http://www.python.org)) coupled with OpenCV 3.0 ([www.opencv.org](http://www.opencv.org)) and the Particle Analysis, which  
176 was applied to measure the seeds area, was performed with a minimum particle size set to 150 pixel  
177 cutoff threshold (Fig. 2). The number of seeds (i.e. seed index, SI) was expressed as a percentage of  
178 the fruit-slice area.

179 Peel firmness was measured on the two opposite sides along the equatorial of the same fruit  
180 surface. A digital penetrometer mod. 53205 (TR Turoni & Co., Forlì, Italy) with an 8-mm-diameter

181 tip was used and the results were expressed as the maximum force (N) required to penetrate the 7-  
182 mm probe into the eggplant pulp.

183 The total phenols index (TP) was assayed by means of a slight modification of the Folin-  
184 Ciocalteu method (Contini et al., 2008). Phenolic compounds were extracted for 24 h at room  
185 temperature ( $20 \pm 1$  °C) in the dark, using 70% (v/v) of aqueous acetone with lyophilized and  
186 powdered flesh tissue at a solvent ratio of 1:10 (w/v). The supernatant was removed after  
187 centrifugation at 1800 g for 15 min at 4°C and subsequently stored at -80 °C. The extraction was  
188 repeated for a further 24 h. The supernatant was combined and filtered through a Whatman GF/F  
189 glass microfibre filter (0.7 µm). The crude phenolic extract was stored at -80 °C for further analysis.  
190 The results were expressed as mg gallic acid equivalent (GAE) per gram of dried weight (DW).

191 The pH was monitored using the official method 'pH Measurement of Water' (AOAC 973.41)  
192 with a pH-meter mod. FE20 (Mettler Toledo, Milan, Italy) (Horwitz, 2005).

193 Titratable acidity (TA) was measured following the official method 'Acidity (Tritatable) of  
194 Fruit Products' - AOAC 942.15 (Horwitz, 2005). The results were expressed in percentages of malic  
195 acid.

196 Soluble solids content (SSC) was measured with a digital refractometer mod. WM-7 (Atago,  
197 Tokyo, Japan). The vortexed and centrifuged extract of 30 mg of flesh with 1 mL of 1 mM HCl was  
198 measured (Mennella et al., 2012). The results were expressed as % SSC on fresh weight. The SSC:TA  
199 ratio was also calculated.

200 Eggplant fruit size was measured as length (distance from blossom and stem-end) (cm),  
201 equatorial diameter of each fruit (cm), volume (cm<sup>3</sup>) and weight (g).

202 Dry matter (DM) was measured following the official method 'Dry Matter on Oven Drying'  
203 - AOAC 934.01 and was expressed as a percentage (Horwitz, 2005).

204

205 *Data handling and statistical analysis*

206 For the data obtained in each experimental year the analysis of variance (ANOVA) was carried  
207 out to assess cover crop parameters (aboveground biomass, nitrogen content, and C:N ratio). A split-  
208 split-plot experimental design was adopted for all eggplant fruit yield characteristics and all  
209 measurement, where the harvesting time was treated as the main factor, the winter soil management  
210 as the split factor and the soil tillage as the split-split factor. The analysis of variance of agronomical  
211 data was carried out for the 2-year period, considering the year as repeated measures across time  
212 (Cody and Smith, 1997). Results regarding physical and chemical analysis on fruit refer to a single  
213 typical experiment since the pattern of data was similar in both years (Botondi et al., 2000). Before  
214 statistical analysis, both results relative to nitrogen content and number of fruits per plant were  
215 subjected to angular (arcsine  $[x]^{1/2}$ ) and square root ( $[x+0.05]^{1/2}$ ) transformations, respectively, to  
216 homogenize the variance (Bartlett's test) (Gomez and Gomez, 1984). The data reported in the tables  
217 and figures were back transformed. Fisher's protected least significant difference at 5% level of  
218 probability was computed for comparing the main and interaction effects.

219 Principal Component Analysis (PCA) was applied to evaluate between-treatment similarity.  
220 The original data was converted into score and loading vectors by PCA analysis. The screen-plot  
221 criterion was used to select the required number of principal components (PCs) for describing the  
222 dimensionality of the data (Moscetti et al., 2015).

223 Pearson's linear correlation test was computed to detect significant bivariate correlations  
224 between the measured features.

225 Statistical analyses were performed using R v3.1.2 software in combination with 'agricolae'  
226 v1.2-1 and 'pcaMethods' v1.56.0 R-packages (CRAN, 2014).

227

## 228 **RESULTS AND DISCUSSION**

### 229 *Weather conditions*

230           The total rainfall measured in the cover crop growing season (from September to May) tend  
231 to be higher in 2010/2011 than 2009/2010 experimental years (i.e. 809 vs. 731 mm, respectively).  
232 However, both seasons were wetter than the historical average (i.e. 604 mm). In the same period, air  
233 temperatures were similar to the long term average in both cropping cycles, except in December 2010  
234 and February 2011, when the air temperatures dropped below 0 °C for several times. Throughout the  
235 eggplant cultivation, the 2010 growing season was wetter (i.e. 412 mm) and 2011 was similar (i.e.  
236 250 mm) than the historical means (i.e. 235 mm, Fig. 3). In the same period, the air temperatures  
237 were similar to the long-term average in both cropping seasons, except in July and August 2010 when  
238 the air temperatures (i.e. both maximum and minimum) were considerably lower than historical trend  
239 (Fig. 3).

240

### 241 *Cover crop biomass production and its characteristics*

242           In both years, all cover crops emerged uniformly approximately about two weeks after sowing.  
243 Nevertheless, at cover crop suppression, the amount of aboveground biomass and its characteristics  
244 differed among the winter cover crops (Table 1). In 2009/2010 growing season, all cover crops grew  
245 regularly throughout the wettest and coldest period of the year, but produced a higher aboveground  
246 biomass than in the 2010/2011 growing season (on average 605.2 vs. 511.7 g m<sup>-2</sup> of DM,  
247 respectively). These differences could be attributed to the large variability of climatic conditions,  
248 particularly air temperature (Fig. 3), between the growing seasons of cover crops. Generally, hairy  
249 vetch produced more aboveground biomass than oat and oilseed rape (on average 717.8, 514.2 and  
250 443.4 g m<sup>-2</sup> of DM, respectively), which was also characterized by a high nitrogen content (2.49%)  
251 and low C:N ratio (13.4, Table 1), thus proving to be suitable a cover crop for the Mediterranean  
252 environment of central Italy. Since the C:N ratio affects the nitrogen release rate from cover crop  
253 residues, it is one of the most important indices to consider when choosing a cover crop (Cabrera et

254 al., 2005). In fact, the ratio between carbon to nitrogen (C:N) in decomposing biomass is an important  
255 indicator of the overall breakdown process and possible release of nutrients, particularly nitrogen. If  
256 the amount of nitrogen accumulated in organic residues is greater than that required by the microbial  
257 biomass, there is a net mineralization with the release of inorganic nitrogen (Cabrera et al., 2005).  
258 Accordingly, oat residues (4.3 g m<sup>-2</sup> of N) associated with a high C:N ratio can cause nitrogen  
259 immobilization and consequently compete with the subsequent crop for the available nitrogen in the  
260 soil (Döring et al., 2005), while oilseed rape (7.7 g m<sup>-2</sup> of N) and hairy vetch residues (17.9 g m<sup>-2</sup> of  
261 N) that have a low C:N ratio mineralize rapidly and release mineral nitrogen into the soil which is  
262 available for the eggplant crop (Jensen and Hauggaard-Nielsen, 2003).

263

#### 264 *Eggplant yield, fruit weight and size*

265 The eggplant yield was significantly affected by year × cover crop × harvesting data (Table  
266 2) and cover crop × soil tillage × harvesting data (Table 3) ( $P \leq 0.05$ ), while the percentage of  
267 unmarketable yield was not influenced by the treatments (data not shown). Generally, eggplant  
268 performed better in 2011 than 2010 (on average 412.5 vs. 316.4 g plant<sup>-1</sup> of FM, respectively, Table  
269 2), probably due to different climatic condition between the years, particularly air temperature  
270 (Adamczewska-Sowinska and Krygier, 2013). In fact, optimum temperature for eggplant growth is  
271 within the range of 22 – 30 °C, while the mean air temperature observed in the period from July to  
272 August 2010 was lower than 22 °C (Fig. 3). Eggplant yield in hairy vetch was generally much higher  
273 than oilseed rape, oat, and bare soil (on average 622.4, 328.7, 268.8, and 258.2 g plant<sup>-1</sup> of FM,  
274 respectively, Table 2). Generally, tilled treatments proved to have a positive effect on the eggplant  
275 yield in oilseed rape (on average 378.4 vs. 270.0 g plant<sup>-1</sup> of FM in tillage and no-tillage treatments,  
276 respectively, Table 3), while there was a negative effect on eggplant yield in oat compared to the no-  
277 tillage treatment (on average 199.4 vs. 338.1 g plant<sup>-1</sup> of FM in tillage and no-tillage treatments,  
278 respectively), while a similar fruit yield was observed in the eggplant cultivated in hairy vetch  
279 residues regardless of the soil tillage management (Table 3). It is possible to explain the effect on the

280 eggplant yield by hypothesizing that cover crops and soil tillage affected nitrogen mineralization from  
281 cover crop residues and therefore nitrogen translocation from cover crop residues to the eggplant  
282 crop, as also confirmed by the SPAD readings of the eggplant leaves. In fact, the SPAD values were  
283 generally similar in hairy vetch regardless the soil tillage (on average 51.9, Table 3), in oilseed rape  
284 the SPAD readings were higher in tillage than no-tillage treatments (on average 48.8 vs. 45.4,  
285 respectively), while in oat was observed an opposite trend (on average 44.5 vs. 48.5 in tillage and no-  
286 tillage treatments, respectively, Table 3). Since nitrogen is one of the main factors influencing the  
287 formation of chlorophyll (Evans, 1989), these results indicated that there were various levels of  
288 nitrogen availability among the treatments. Although the mineralization rate is related to different  
289 variables, such as air temperatures and rainfall (Cabrera et al., 2005), the cover crop species and their  
290 residue management seemed to play on the level of nitrogen availability for the following summer  
291 vegetable (Thomsen and Christensen, 1998). Hairy vetch residues characterized by high nitrogen  
292 concentration and low C:N ratio probably mineralized faster compared to oilseed rape and oat  
293 residues which are characterized by a high C:N ratio. Moreover, according to Rosecrance et al.  
294 (2000), the rate of mineralization in hairy vetch is almost constant in all tillage practices including  
295 no-tillage, while the high C:N ratio of the oat residues probably determined the immobilization of the  
296 available nitrogen, particularly when incorporated into the soil in tillage treatments than when the  
297 residues were left on the soil surface in no-tillage strategy (Rosecrance et al., 2000). In oilseed rape  
298 residues with intermediate C:N ratio, the nitrogen availability was probably higher in tillage than no-  
299 tillage treatment probably due to the high contact between soil microorganisms and residues  
300 (Campiglia et al., 2011a).

301         Regarding harvest time, the marketable eggplant yield tended to increase gradually reaching  
302 the highest values at the 3<sup>rd</sup> harvest time (on average 644.0 g plant<sup>-1</sup> and 2.9 fruits plant<sup>-1</sup>, respectively,  
303 Table 3). The eggplant generally yielded more fruits in tillage than no-tillage treatments on the 1<sup>st</sup>  
304 harvest date (HT1), except for the oat treatment, while in the following HTs the eggplant yield tend  
305 to show an opposite trend (Table 3). Probably cover crop mulches delayed the maturity of vegetable

306 fruits due to a high soil moisture and soil nitrogen content which delay and cause differences in fruit  
307 maturity times as reported by Thomas et al. (2001) in tomato crops.

308 In general, fruit size gradually decreased over the harvest time. On average, fruit size metrics  
309 (length, diameter and volume) were significantly affected by winter soil management showing higher  
310 values in hairy vetch and oilseed rape treatments (Table 4), while fruit length was also affected by  
311 soil tillage resulting in lower values when mulching (no-tillage) was adopted. The results showed an  
312 inverse relationship between fruit length and crop yield in terms of fruit weight per plant as well as  
313 the number of marketable fruits per plant ( $r = -0.45^{**}$  and  $-0.47^{**}$ , respectively, Table 5), which may  
314 be due to inter-fruit competition for mineral nutrients (Zegbe et al., 2014). Furthermore, the soil tillage  
315  $\times$  harvest time interaction highlighted the effect of mulching on fruit diameter with an average  
316 increase of 0.44 cm per fruit at HT1, while fruit diameter at other HTs was not significantly influenced  
317 by soil tillage (data not shown). Finally, size metrics showed significant correlations with pH, dry  
318 matter, seed index, total phenols and color of both pericarp and endocarp (Table 5). In particular, a  
319 weak positive relationship between total phenols and size metrics (i.e. diameter and volume) was  
320 observed. However, fruit length was the most representative parameter, showing positive correlations  
321 with  $h$  of pericarp, and  $L^*$  and  $C^*$  of endocarp as well as negative relationships with pH, browning  
322 index,  $L^*$  and  $C^*$  of pericarp, firmness, dry matter and seed index.

323

#### 324 *Firmness and fruit dry matter*

325 The firmness and dry matter of the eggplant fruits were both affected by the winter soil  
326 management showing higher values for hairy vetch (Table 4). The results might be due to the  
327 differences in nitrogen availability of the winter soil management treatments. In fact nitrogen  
328 availability depends on the release of both  $\text{NO}_3^-$  and  $\text{NH}_4^+$  from cover crop residues. Moreover,  
329 nitrogen availability regulates dry matter production and water loss per dry matter unit in  
330 dicotyledonous crops, as well as the dry matter partitioning between shoot and root of vascular plants  
331 (Andrews et al., 2013). Regarding the HT an increase in the firmness, was only observed at the HT4,

332 while fruit dry matter tended to gradually increase during the entire harvest period. Firmness and fruit  
333 dry matter were positively correlated ( $r = 0.58^{**}$ , Table 5). They showed positive relationships with  
334 crop yield, number of marketable fruits per plant and the browning index. Firmness also showed a  
335 positive relationship with the seed index ( $r = 0.49^*$ ). On the other hand, fruit dry matter was negatively  
336 related to fruit diameter, fruit length and total phenols content. Moreover, firmness and fruit dry  
337 matter showed weak correlations with the browning index ( $r = 0.34^*$ ) and total phenols ( $r = -0.37^*$ ),  
338 respectively.

339

#### 340 *Number of seeds*

341 The results of the computer-vision-based SI estimation are summarized in Table 4, while  
342 significant correlations between fruit seeds and size metrics are reported in Table 5. It can be clearly  
343 seen that fruit length, diameter, volume and weight had negative relationships with the SI. More  
344 specifically, fruit size showed significant effect on the seed index: the small berry had highest SI,  
345 while the least was determined from the big fruit. Consequently, although the image analysis was  
346 restricted to a slice per fruit, it is clear that the spatial domain could have an added value only to  
347 improve the qualitative evaluation of eggplant fruit, especially concerning the effect of the main  
348 factors: soil management, soil tillage and harvest time. In fact, SI showed lower values (i.e. smaller  
349 slice surface identified as seeds) for those samples in which factors were responsible for higher  
350 nitrogen availability (e.g. hairy vetch, tillage and HT1). However, it is important to consider that SI  
351 values could be affected by seed size, which is negatively related to the nitrogen level as well as  
352 affected by the nitrogen source (Akanbi et al., 2007).

353

#### 354 *Color measurements*

355 The color variation of the fruit pericarp of the eggplant may depend on the proportion of  
356 chlorophyll and anthocyanins. Therefore, the darkest purple berry is expected to have high  
357 concentrations of anthocyanins and chlorophyll (Nothmann et al., 1976). In fact, Concellón et al.,

358 (2007) observed a positive relationship between the surface chroma and anthocyanin content before  
359 the occurrence of degradative processes against the surface layer of the cuticle. This is affected by  
360 color change to a duller shade of purple and then to a grey-brown color in dark-purple eggplants.  
361 Moreover, Lancaster et al. (1997) found a linear correlation between anthocyanin content and hue  
362 angle and a logarithmic relationship between increasing chlorophyll and tissue darkness. However,  
363 the authors suggest using caution when interpreting color in terms of pigment composition, because  
364 similar CIELab coordinates may be measured on tissues with significantly different levels of  
365 pigments.

366 Our experimental results showed an interesting pattern in pericarp color development during  
367 the whole harvest period. Both winter soil management and soil tillage factors affected the color  
368 profile at each harvest time, thus proving to have a significant effect on luminance ( $L^*$ ), hue angle  
369 ( $h$ ) and chroma ( $C^*$ ) at different levels. In particular, the winter soil management  $\times$  harvest time  
370 interactions had significant effects on  $L^*$  and  $C^*$  (Fig. 4a and 4c), while the soil tillage  $\times$  harvest time  
371 interaction significantly influenced  $h$  (Fig. 4b). Moreover, differences in  $C^*$  were also observed with  
372 regard to the soil tillage system. In fact, starting from HT3, oat and oilseed-rape cover crops  
373 developed fruit with pericarp with less luminance and color saturation, while an opposite trend was  
374 observed in both hairy vetch and bare soil treatments which had higher  $L^*$  and  $C^*$  values. These  
375 differences among winter soil management techniques were especially noticeable at HT4, when  
376 higher values of both luminance ( $L^* = 24.05a$ ) and chroma ( $C^* = 5.08a$ ) were observed for hairy  
377 vetch, followed by bare soil ( $L^* = 22.94b$ ;  $C^* = 3.86b$ ), oilseed rape ( $L^* = 22.08c$ ;  $C^* = 2.63cd$ ) and  
378 oat ( $L^* = 21.58cd$ ;  $C^* = 2.62cd$ ). Moreover, soil tillage showed lower chroma values in no-tillage  
379 (Table 6). Regarding the hue angle development of the pericarp, no-tillage showed lower  $h$  values  
380 than conventional tillage starting from HT3.

381 Increased nitrogen availability may increase chlorophyll concentration and may decrease the  
382 anthocyanin content. Consequently, nitrogen nutrition potentially affected pericarp color  
383 development, which is an indirect result of an effect on plant vigor (Ferguson and Boyd, 2002). In

384 our experiment, the factors showed effects on nitrogen translocation, as confirmed by the various  
385 SPAD readings taken from the eggplant crop at each harvest time (Table 3). It was generally observed  
386 that color differences among treatments occurred when the crop life cycle was coming to an end. This  
387 is particularly evident for both hairy vetch and bare soil treatments, which produced fruits with a  
388 duller shade of purple. Furthermore, a slight positive relationship was observed between the hue angle  
389 and the SPAD readings ( $r = 0.32^*$ ), highlighting that the purple color was duller at higher nitrogen  
390 availability. Nitrogen deficiency may result in the delay of the vegetative and reproductive growth of  
391 eggplant, thus requiring more time for flowering and fruit setting. However, optimal nitrogen  
392 availability may lead to early fruit maturation (Hosseini Aminifard et al., 2010) and this may explain  
393 our results.

394 Regarding the endocarp color, a progressive change from a greenish to a brownish color was  
395 observed throughout the HTs which was measured as a decrease in both luminance and chroma, and  
396 an increase in hue angle. It is important to note that both  $L^*$  and  $C^*$  were negatively correlated to the  
397 browning index (BI) of tegument ( $r = -0.37^*$  and  $r = -0.53^{**}$ , respectively). Therefore, due to the  
398 decrease in TP with maturity, the increase in BI should coincide with major polyphenol oxidase  
399 activity (Mennella et al., 2012). However, this finding is strictly related to eggplant genotype and  
400 may be affected by environmental factors (Raigón et al., 2010). Finally, fewer differences in flesh  
401 color were observed between treatments due to winter soil management, but there was no significant  
402 effect on BI.

403 BI was not affected by winter soil management and soil tillage. Nevertheless, major changes  
404 in  $\Delta E^*$  10 min after slicing were observed in both oat and bare soil in combination with no-tillage  
405 and conventional tillage respectively (Fig. 5a). This means that  $a^*$  and  $b^*$  coordinates considerably  
406 contributed to color change on slice surface. Furthermore, both BI and  $\Delta E^*$  indices gradually  
407 increased during the harvest period (Table 6), although the rising trend concerning change of color  
408 was more evident in BI, which is exclusively related to the variance of luminance.

409 Both BI and  $\Delta E^*$  were negatively correlated to fruit size,  $h$  of pericarp as well as  $L^*$  and  $C^*$   
410 of endocarp. They also showed positive relationships with fruit dry matter, seed index, pH, and  $L^*$   
411 and  $C^*$  of the pericarp (Table 5), while no significant correlation with the total phenols content was  
412 observed (data not shown).

413

#### 414 *Total phenols content*

415 TP content was significant for both winter soil management  $\times$  soil tillage interaction (Fig. 5b)  
416 and harvest time factor (Table 4). In oat, the low availability of nitrogen due to immobilization was  
417 probably responsible for the significantly higher TP content. This effect was particularly evident in  
418 oat in combination with conventional tillage where soil nitrogen availability was lower than the other  
419 treatments. This effect was also confirmed by the correlation between the TP content and SPAD  
420 readings ( $r = -0.89^{**}$ ). Several authors have observed that lower nitrogen nutrition could lead to a  
421 negative relationship between yield and TP (Raigón et al., 2010). Due to slow nitrogen mineralization,  
422 a behavior similar to the oat treatment was observed for bare soil in combination with no-tillage.  
423 However, the TP content may be strongly affected by plant-to-plant biological variations, response  
424 to environmental factors and maturity stage (Ferguson and Boyd, 2002; Hanson et al., 2006; Luthria  
425 et al., 2010). In eggplant, TP content decreases with fruit maturity (Mennella et al., 2012) and this  
426 probably explains why the TP content trend decreased slightly yet significantly from HT1 to HT4. In  
427 fact, TP was negatively correlated with peel luminance and chroma ( $r = -0.46^{**}$  and  $r = -0.37^*$ ,  
428 respectively) as well as SSC, seed index and dry matter ( $r = -0.57^{**}$ ,  $r = -0.57^{**}$  and  $r = -0.37^*$ ,  
429 respectively). These results confirm an association between low TP and fruit maturity.

430

#### 431 *Soluble solids content, Titratable acidity and pH*

432 SSC showed significant differences for winter soil management and soil tillage as main  
433 factors. Eggplant fruits grown in oat residues showed the lowest SSC value equal to 3.57b °Brix,  
434 while no significant differences were observed among the other cover crops (on average 3.91a, Table

435 4). This is probably due to a lower accumulation of the photosynthesis products because of less  
436 chlorophyll-foliage caused by less nitrogen availability (Zhang et al., 2014). Regarding the TA, Table  
437 4 showed that there were no significant differences between treatments. The average content of malic  
438 acid was 0.14%. Table 4 reports the pH values which increased throughout the harvest time and was  
439 slightly higher for tilled treatments.

440

#### 441 *Synthetic view using the Principal Component Analysis*

442 The impact of winter soil management, soil tillage and harvesting time on eggplant fruit  
443 quality was determined by means of a principal component analysis (PCA) (Fig. 6). First and second  
444 components (PC1 and PC2) of the PCA accounted for 59.39% and 24.82% of total variance,  
445 respectively. PC1 mostly separated the harvest time, while PC2 mainly contributed to separating the  
446 winter soil management starting from HT3. Both PC1 and PC2 also minimally separated the soil  
447 tillage.

448 PC1 had negative loadings for pH, dry matter, seed index, firmness, luminance and chroma  
449 of pericarp as well as hue angle of endocarp, while weight, size metrics, total phenols, hue angle of  
450 pericarp and luminance and chroma of endocarp had positive loadings. Regarding PC2, luminance of  
451 endocarp, length and seed index had positive loadings, whereas negative loadings were assigned to  
452 the other features.

453

## 454 **CONCLUSIONS**

455 Within the framework of changing agricultural practices towards a sustainable vegetable  
456 cropping system, this experiment, which was carried out in field conditions adopting sustainable  
457 practices, confirmed that cover crops could be successfully used for reducing external inputs without  
458 creating negative changes in the commercial yield. In particular, the results show that legume cover  
459 crops such as hairy vetch, should be considered preferable to other no-legume cover crops to enhance  
460 the marketable fruit yield of the following summer eggplant crop due to their ability to supply large

461 amounts of nitrogen after their suppression. Moreover, the quality components measured on the  
462 eggplant fruits from the hairy vetch treatments were equal to, and at times exceeded, those obtained  
463 with conventional production practices. Furthermore, using mulching practices in no-tillage systems  
464 appears to be a suitable approach for improving marketable yield and reducing agronomical inputs,  
465 even if a delay on fruit yield than green manured residues was observed. However, mulching with  
466 legume cover crops can be considered an important step toward low input vegetable cropping system,  
467 especially in organic production where the use of chemical inputs, such as herbicide and mineral  
468 fertilizers, is forbidden. Further research on the effects of cover crops and their residue management  
469 is required in order to obtain a better understanding of fruit quality (e.g. sensorial analysis, phenols  
470 characterization through HPLC, antioxidant activity as well as mineral and vitamin contents).

471

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475

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612

613

614 **TABLE CAPTIONS**

615 **Table 1.** The effects of interaction of the winter soil management × year on total cover crop above  
616 ground biomass and its nitrogen content, nitrogen accumulation, and C:N ratio of cover crops at their  
617 suppression. Mean values belonging to the same factor without common letters are statistically  
618 different according to LSD ( $P \leq 0.05$ ). D.M. = Dry Matter.

619

620 **Table 2.** The effects of interaction of the winter soil management × harvest time × year on marketable  
621 eggplant yield and number of marketable eggplant fruit. Mean values followed by the same lower  
622 case letters in columns are not different according to LDS ( $P \leq 0.05$ ). Mean values followed by the  
623 same upper case letters in rows [within HT] are not different according to LSD ( $P \leq 0.05$ ). F.M. =  
624 Fresh Matter; HT = Harvest Time.

625

626 **Table 3.** The effects of interaction of the winter soil management × soil tillage × harvest time on  
627 marketable eggplant yield, number of marketable eggplant fruit and SPAD readings. Mean values  
628 followed by the same lower case letters in columns are not different according to LDS ( $P \leq 0.05$ ).  
629 Mean values followed by the same upper case letters in rows [within HT] are not different according  
630 to LSD ( $P \leq 0.05$ ). F.M. = Fresh Matter; HT = Harvest Time.

631

632 **Table 4.** The main effects of winter soil management, soil tillage, and harvest time on the physical  
633 and chemical quality parameters of the marketable eggplant fruits. Mean values belonging to the same  
634 factor without common letters are statistically different according to LSD ( $P \leq 0.05$ ). NS = no  
635 significant differences. HT = Harvest Time; SSC = Soluble Solid Content; TA = Titratable Acidity.

636

637 **Table 5.** Pearson's product-moment correlation coefficients ( $r$ ) between features measured on the  
638 marketable eggplant fruits.

639 (\*), \*, \*\* Significant correlations at  $P \leq 0.1$ ,  $P \leq 0.05$ ,  $P \leq 0.01$  respectively (two-tailed). SSC =  
640 Soluble Solid Content.

641

642 **Table 6.** The main effects of winter soil management, soil tillage, and harvest time on pericarp and  
643 endocarp color of the marketable eggplant fruits. Mean values belonging to the same factor without  
644 common letters are statistically different according to LSD ( $P \leq 0.05$ ). BI = Browning Index; NS =  
645 no significant differences.

646

647

648 **TABLE 1**

Cover crops	Aboveground biomass (g m <sup>-2</sup> of D.M.)		Nitrogen content (%)	Nitrogen accumulation (g m <sup>-2</sup> )	C:N ratio
	2010	2011			
Hairy vetch	708.80 aA	726.80 aA	2.49 a	17.90 a	13.40 c
Oilseed rape	535.30 bA	351.50 bB	1.79 b	7.70 b	26.70 b
Oat	571.60 bA	456.70 bB	0.86 c	4.30 b	46.60 a
<i>P</i> value	0.04		< 0.001	< 0.001	< 0.001

649

650



TABLE 3

Factors	Marketable eggplant yield (g plant <sup>-1</sup> of F.M.)									
	HT1		HT2		HT3		HT4			
	Tillage	No-Tillage	Tillage	No-Tillage	Tillage	No-Tillage	Tillage	No-Tillage	Tillage	No-Tillage
<b>Soil management</b>										
Hairy vetch	527.70 aA	400.60 aB	605.20 aA	513.60 aB	944.10 aB	1117.10 aA	319.50 aB	391.10 aA		
Oilseed rape	243.70 bA	150.20 bcB	387.40 bA	269.10 bB	679.50 bA	530.80 cB	238.80 bA	130.00 bB		
Oat	133.80 cA	173.00 bA	226.20 cB	303.50 bA	340.00 dB	688.10 bA	97.70 cB	187.70 bA		
Bare soil	199.80 bcA	99.80 cB	324.00 bA	254.80 bA	484.80 cA	367.90 dB	215.40 bA	119.20 bB		
<i>P value</i> = 0.01										
	Number of marketable eggplant fruits (n plant <sup>-1</sup> )									
<b>Soil management</b>										
Hairy vetch	2.30 aA	1.70 aB	3.00 aA	2.50 aB	4.70 aB	5.20 aA	1.50 aA	1.90 aA		
Oilseed rape	1.00 bcA	0.70 bA	1.80 bA	1.30 bB	2.50 bA	2.20 bcA	1.30 aA	0.80 bB		
Oat	0.60 cA	0.80 bA	1.30 cA	1.50 bA	1.40 cB	2.50 bA	0.60 bB	1.10 bA		
Bare soil	1.20 bA	0.60 bB	1.60 bcA	1.20 bA	2.50 bA	1.90 cB	0.70 bA	1.00 bA		
<i>P value</i> < 0.001										
	SPAD readings									
<b>Soil management</b>										
Hairy vetch	55.60 aA	51.80 aB	54.00 aA	51.70 aA	53.10 aA	55.10 aA	45.70 aB	48.40 aA		
Oilseed rape	49.50 bA	44.10 cB	51.80 bA	48.70 bB	49.30 bA	48.90 cA	44.50 bA	39.80 dB		
Oat	43.90 dB	48.10 bA	46.10 cB	49.40 bA	48.20 bB	51.00 bA	41.00 cB	45.50 bA		
Bare soil	46.80 cA	42.70 cB	48.30 cA	46.30 cB	47.80 bA	47.00 cA	45.50 bA	42.70 cB		
<i>P value</i> = 0.04										

TABLE 4

Factors	Length (cm)	Diameter (cm)	Volume (cm <sup>3</sup> )	Seed index (%)	Firmness (N)	Dry matter (%)	Total phenols (mg GAE gDW <sup>-1</sup> )	SSC (° Brix)	TA (%)	pH
<b>Soil management (SM)</b>										
Hairy vetch	18.00	5.53	446.41	8.08	8.42	8.71	1.98	3.83	0.14	5.03
Oilseed rape	18.65	5.41	443.54	8.78	7.58	7.96	2.10	3.93	0.14	5.00
Oat	17.40	5.42	413.26	9.03	7.78	8.16	2.35	3.57	0.13	5.00
Bare soil	17.51	5.43	412.71	8.92	8.75	8.53	1.99	3.97	0.14	5.04
<i>P</i> value	< 0.05	NS	< 0.001	< 0.05	< 0.001	< 0.05	NS	< 0.001	NS	NS
<b>Soil tillage (ST)</b>										
No-Tillage	17.51	5.50	428.31	8.38	8.14	8.18	2.13	3.96	0.14	5.04
Tillage	18.27	5.40	429.65	8.14	8.13	8.73	2.08	3.69	0.14	5.00
<i>P</i> value	0.02	NS	NS	< 0.05	NS	NS	NS	< 0.001	NS	< 0.05
<b>Harvest time (HT)</b>										
HT1	20.83	5.92	579.69	7.25	7.80	8.18	2.24	3.78	0.13	4.98
HT2	17.67	5.42	415.94	8.61	8.15	8.68	2.15	3.82	0.14	5.00
HT3	17.28	5.16	365.83	8.33	7.70	7.63	2.05	3.73	0.14	5.03
HT4	15.78	5.30	354.47	8.97	8.90	8.87	1.98	3.97	0.13	5.07
<i>P</i> value	< 0.001	NS	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	NS	NS	< 0.05
<b>SM x ST</b>										
<i>P</i> value	NS	NS	NS	NS	NS	NS	< 0.001 *	NS	NS	NS
<b>SM x HT</b>										
<i>P</i> value	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS
<b>ST x HT</b>										
<i>P</i> value	NS	< 0.05 *	NS	NS	NS	NS	NS	NS	NS	NS
<b>SM x ST x HT</b>										
<i>P</i> value	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS

TABLE 5

Pearson's <i>r</i>	Ripened fruits	Yield	Length	Diameter	Volume	Weight	Firmness	Browning Index	Total Phenols	Dry Matter
<i>Ripened fruits</i>	-	0.9498 **	-0.4677 **	-0.2275	-0.3691 *	-0.2179	0.5375 **	0.5383 **	-0.3295 (*)	0.5346 **
Yield	0.9498 **	-	-0.4530 **	-0.1772	-0.3330 (*)	-0.1392	0.4842 **	0.4993 **	-0.2836	0.5753 **
SPAD	0.6721 **	0.7063 **	0.0990	0.3378 (*)	0.2682	0.3184 (*)	0.2619	0.1466	-0.8921 **	0.0891
Length	-0.4677 **	-0.4530 **	-	0.6380 **	0.8865 **	0.8115 **	-0.3961 *	-0.7763 **	0.2767	-0.6541 **
Diameter	-0.2275	-0.1772	0.6380 **	-	0.9139 **	0.8643 **	-0.2050	-0.4987 **	0.3193 (*)	-0.4462 *
Volume	-0.3691 *	-0.3330 (*)	0.8865 **	0.9139 **	-	0.9364 **	-0.3464 (*)	-0.6757 **	0.3093 (*)	-0.6145 **
Weight	-0.2179	-0.1392	0.8115 **	0.8643 **	0.9364 **	-	-0.2149	-0.6064 **	0.1935	-0.4295 *
Seed index	0.6596 **	0.6251 **	-0.7415 **	-0.7063 **	-0.7668 **	-0.7546 **	0.4882 *	0.6722 **	-0.5718 **	0.2280
Firmness	0.5375 **	0.4842 **	-0.3961 *	-0.2050	-0.3464 (*)	-0.2149	-	0.3422 (*)	-0.2040	0.5752 **
<i>L* (pericarp)</i>	0.6278 **	0.6059 **	-0.8218 **	-0.6004 **	-0.7671 **	-0.5598 **	0.5440 **	0.6376 **	-0.4641 **	0.7489 **
<i>h (pericarp)</i>	-0.1577	-0.1626	0.7547 **	0.7513 **	0.8364 **	0.8176 **	-0.1313	-0.6070 **	0.2497	-0.4566 **
<i>C* (pericarp)</i>	0.6551 **	0.6417 **	-0.5031 **	-0.2255	-0.3838 *	-0.1241	0.6188 **	0.4009 *	-0.3673 *	0.6181 **
<i>L* (endocarp)</i>	-0.3967 *	-0.5259 **	0.5636 **	0.2066	0.4148 *	0.2718	-0.5455 **	-0.3656 *	0.1698	-0.6061 **
<i>h (endocarp)</i>	0.0703	0.1663	-0.0440	-0.0814	-0.0553	0.2136	0.1028	0.0281	-0.1791	0.2482
<i>C* (endocarp)</i>	-0.3758 *	-0.2898	0.4705 **	0.4623 **	0.5094 **	0.4063 *	-0.2601	-0.5282 **	0.2255	-0.2600
SSC	0.1776	0.1996	-0.1812	0.0964	-0.0239	0.0320	0.1813	0.0286	-0.5674 **	0.1783
pH	0.4485 *	0.4517 **	-0.6710 **	-0.2647	-0.5031 **	-0.3657 *	0.5636 **	0.4759 **	-0.3101 (*)	0.5278 **
Dry Matter	0.5346 **	0.5753 **	-0.6541 **	-0.4462 *	-0.6145 **	-0.4295 *	0.5752 **	0.4666 **	-0.3736 *	-

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TABLE 6

Factors	Color (Pericarp)			Color (Endocarp)				
	L*	h	C*	L*	h	C*	$\Delta E$	BI
<b>Soil management (SM)</b>								
Hairy vetch	21.21	-0.51	2.77	82.66 a	95.74	28.54 b	7.40	3.70
Oilseed rape	20.25	-1.49	1.99	82.62 a	96.49	29.57 a	7.14	2.64
Oat	20.46	-5.27	1.87	82.13 ab	95.86	30.13 a	8.12	3.18
Bare soil	20.93	-3.68	2.27	81.87 b	95.40	29.99 a	7.70	3.10
P value	NS	NS	< 0.001	< 0.05	NS	< 0.01	NS	NS
<b>Soil tillage (ST)</b>								
No-Tillage	20.67	-4.19	2.07 b	82.44	95.51	29.81	7.60	3.14
Tillage	20.76	-1.28	2.38 a	82.20	96.20	29.31	7.58	3.17
P value	NS	NS	< 0.05	NS	NS	NS	NS	NS
<b>Harvest time (HT)</b>								
HT1	18.91	10.46	1.69	83.21 a	96.54 b	31.01 a	6.01 c	1.32 c
HT2	19.93	-1.56	1.54	82.11 b	92.93 c	30.36 a	8.79 a	3.48 b
HT3	21.35	-7.11	2.13	83.43 a	96.54 b	28.41 b	7.90 b	3.34 b
HT4	22.66	-9.72	3.55	80.83 c	97.80 a	28.93 b	7.66 b	4.47 a
P value	NS	NS	< 0.001	< 0.001	< 0.01	< 0.001	< 0.001	< 0.001
<b>SM x ST</b>								
P value	NS	NS	NS	NS	NS	NS	< 0.01 *	NS
<b>SM x HT</b>								
P value	< 0.001 *	NS	< 0.001 *	NS	NS	NS	NS	NS
<b>ST x HT</b>								
P value	NS	< 0.05 *	NS	NS	NS	NS	NS	NS
<b>SM x ST x HT</b>								
P value	NS	NS	NS	NS	NS	NS	NS	NS

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665 **FIGURE CAPTIONS**

666 **Figure 1.** Plan of the eggplant seedlings transplanted in conventional tillage treatments (A) and in  
667 no-tillage mulched soil (B).

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669 **Figure 2.** Selection steps of the seed index. (a) represents the binary image of the berry slice; (b)  
670 shows the seed areas as the resulting region of interest (ROI) mask (light-blue color area).

671

672 **Figure 3.** Weather data at 10-day intervals (minimum and maximum temperatures and monthly total  
673 amount of rainfall) over the 2-year study period (2009/2010 and 2010/2011) and long-term mean  
674 values for the experimental site (30-year mean values).

675

676 **Figure 4.** The interaction effect of winter soil management  $\times$  harvest time on luminance (a) and  
677 chroma (c) and the interaction effect of 'soil tillage  $\times$  harvest time' on the hue angle (b).

678

679 **Figure 5.** The interaction effect of winter soil management  $\times$  soil tillage on both CIELab color  
680 difference ( $\Delta E^*$ ) (a) and total phenols (mg gallic acid equivalents  $\text{gDW}^{-1}$ ) (b). Mean values with no  
681 common letters are statistically different according to LSD ( $P \leq 0.05$ ).

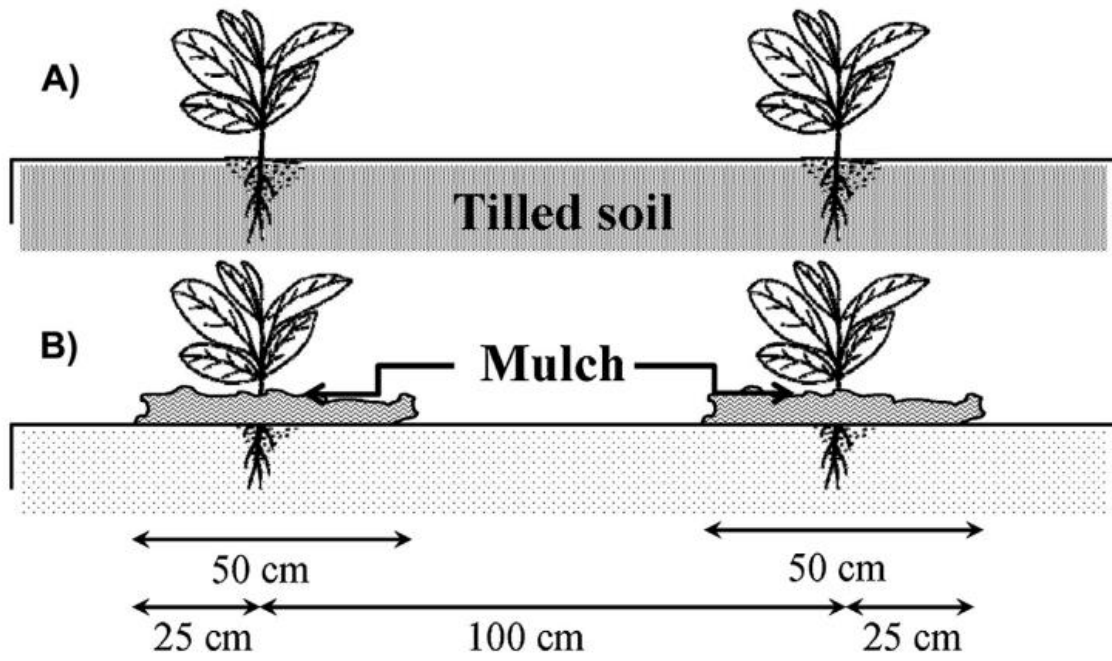
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683 **Figure 6.** Principal Component Analysis of the physical and chemical traits of eggplant fruit  
684 harvested on plant subjecting four cover crops and two different soil management levels, respectively.  
685 Score (a) and loading (b) plots in the PC1 (first principal component) versus PC2 (second principal  
686 component) plan. Hv = Hairy vetch, Oa = Oat, Or = Oilseed rape, Bs = Bare soil, and HT = Harvest  
687 time.

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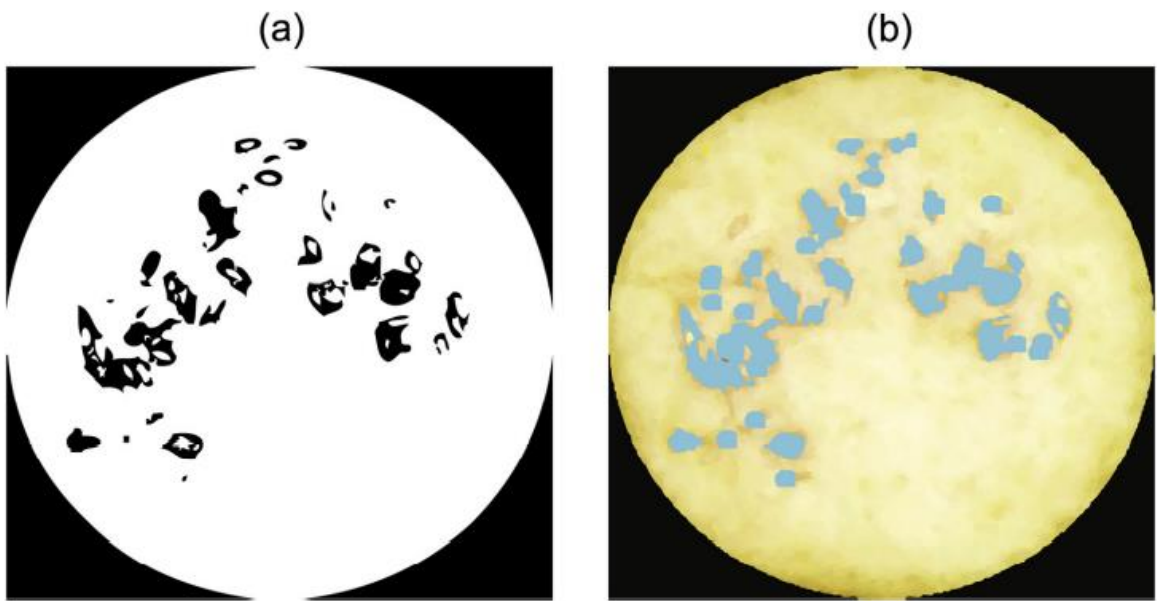
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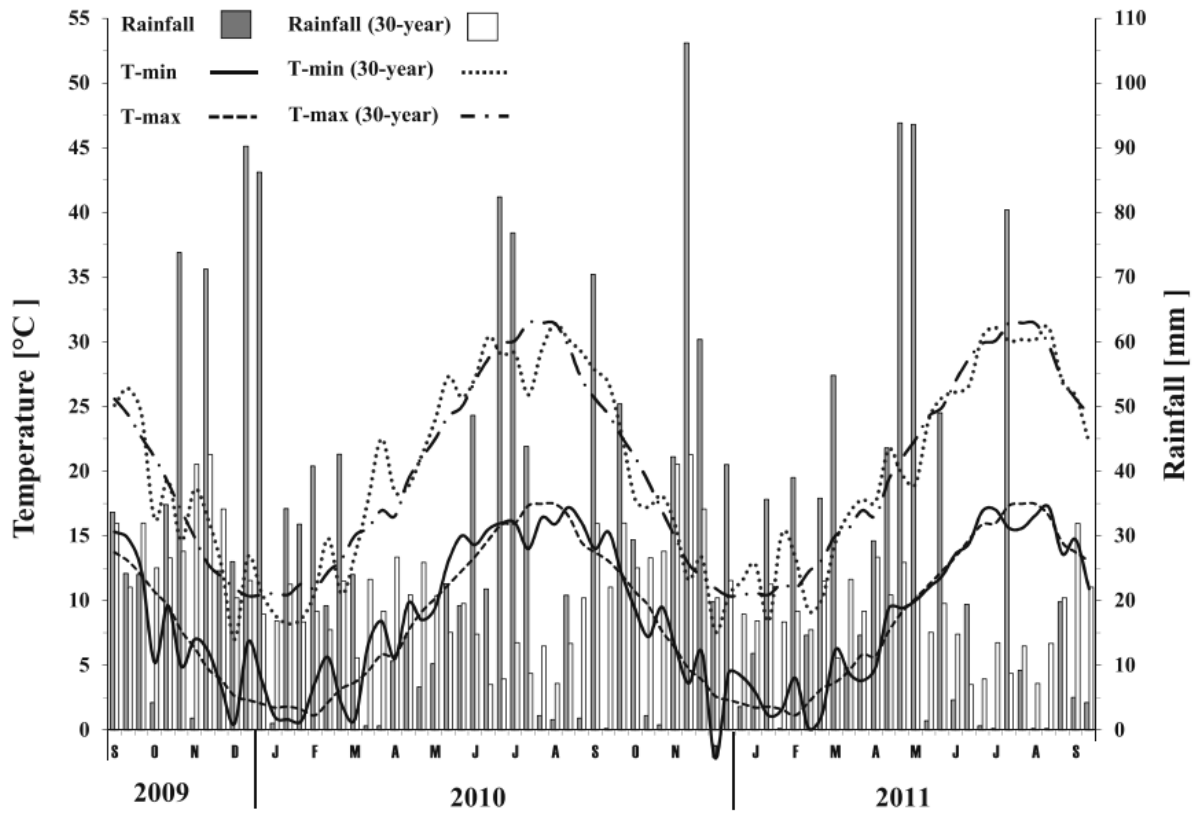
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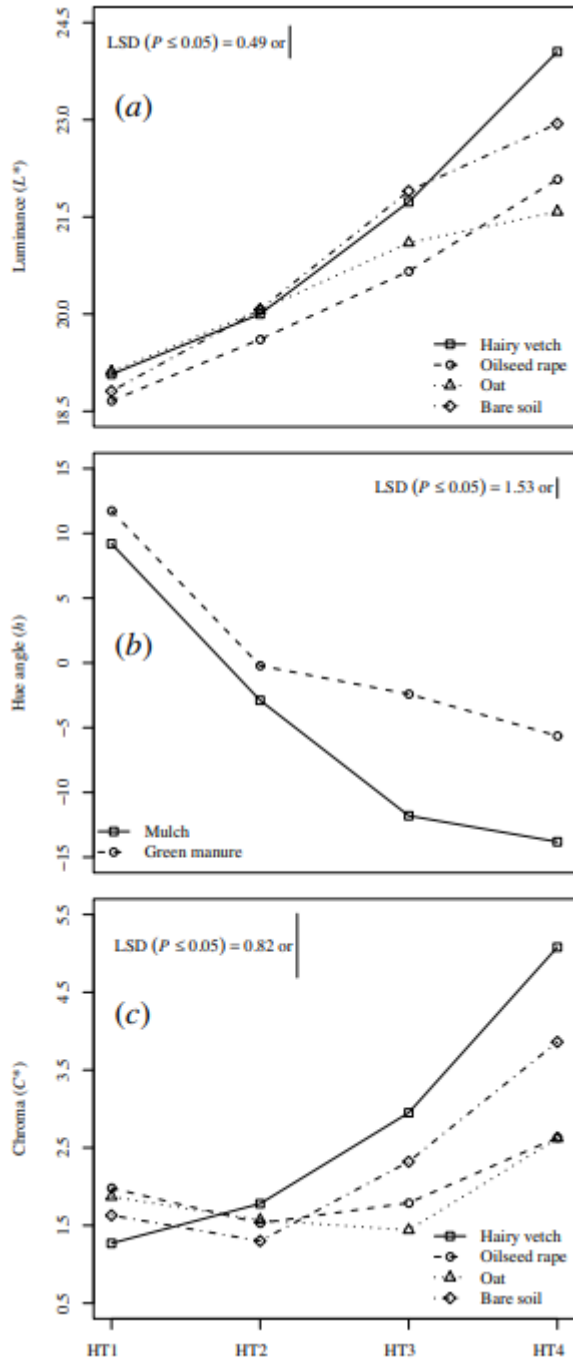
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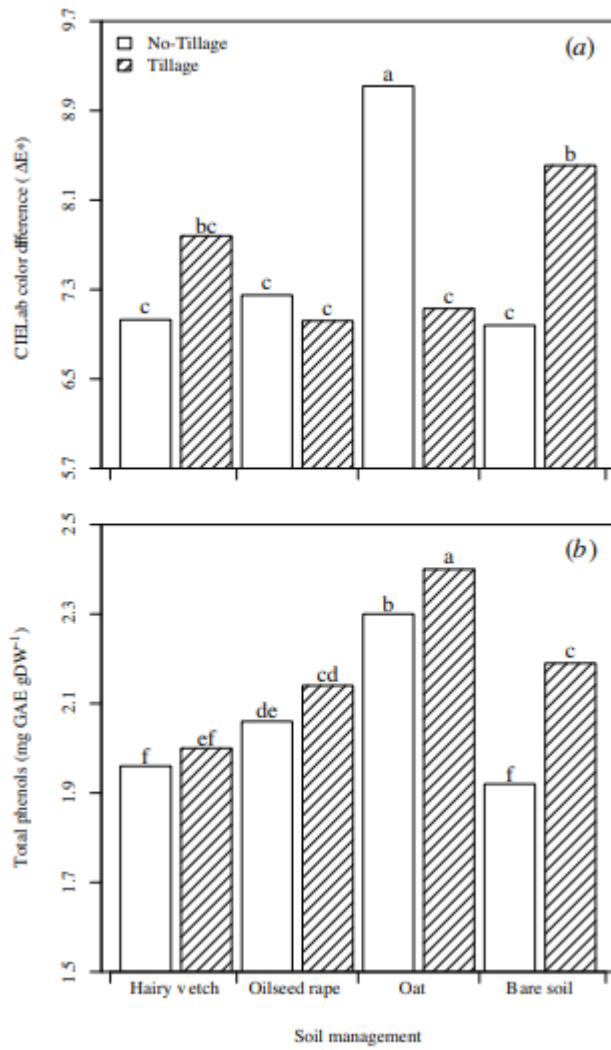
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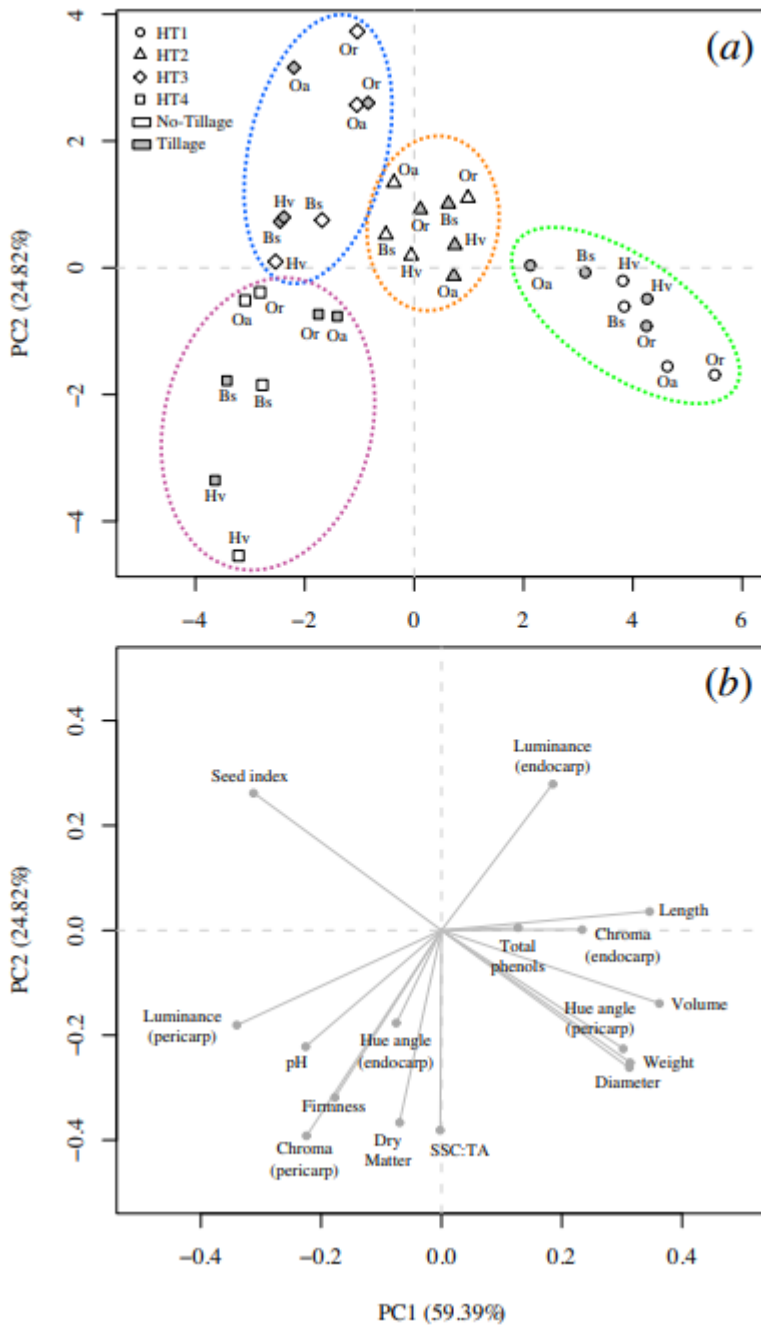
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