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Abstract: Conservation agriculture represents an approach to managing agro-ecosystems aiming at preserving and enhancing the resource base and the environment. Subsidiary crops (SCs) are important components of conservation agriculture since they provide agro-ecological services, such as maintaining the soil resource. However, the importance of SC species and environment for the effect on soil microbial community are not well known. The overall objective of this study was to assess the effect of various subsidiary crops on soil microbial biomass and activity at four sites across Europe. The experiments were conducted during 2014 and 2015 at sites in the Nemoral (Sweden SLU), Oceanic (United Kingdom ORC), Continental (Switzerland AGS) and Mediterranean north (Italy UNI) pedo-climatic zones. The aims were to determine: (i) the effect of SC growth on soil microbial biomass and its activity, ii) the overall site-specific effect of the SCs growth on soil biochemical properties. The SCs consisted of leguminous or brassicaceous species sown after harvest of wheat, or clover species under-sown in wheat. Microbial carbon and nitrogen quotients increased under SCs at the majority of sites indicating carbon and nitrogen immobilization process which may result in a positive trend of soil organic matter over time. Effects of SCs were similar in the pedo-climatic zones where temperatures are never below 0 °C (ORC and UNI). Moreover, arylsulphatase was the most sensitive enzyme to legumes in the Mediterranean north. In contrast, chitinase activity was enhanced by SCs in the Oceanic and Nemoral pedo-climatic zones. The high precipitation level and the low average temperature, typical of Continental and Nemoral zones, may represent limiting factors for soil enzyme activity under all selected SCs. Among the four pedo-climatic zones, the Mediterranean north represented the most suitable environment to promote SC growth and soil coverage. This study showed that SC cultivation affects soil quality enhancing biochemical activity; however this effect may be modulated by the different pedo-climatic conditions.

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Viterbo July 27th, 2017

To the Editor of
Soil Tillage Research

Dear Editor,

We wish to submit an original research article entitled “**Changes of soil biochemical properties as affected by subsidiary crop cultivation in four European pedo-climatic zones**” for consideration by Soil Tillage Research Journal.

We confirm that this work is original and has not been published elsewhere, nor is it currently under consideration for publication elsewhere.

In this paper, we discuss the effect of various subsidiary crops cultivation on soil microbial biomass and activity at four sites across Europe. Among the four pedo-climatic zones, the growth of legumes as living mulch enhances soil specific enzyme activity producing similar effects in pedo-climatic zones where the mean temperatures do not fall below 0 °C (Mediterranean north and Oceanic, respectively). Moreover, the Mediterranean north is the most suitable to promote growth and coverage of leguminous SCs, enhancing soil microbial activity and functional diversity. As for Continental and Nemoral zones, the high precipitation level and the low average temperature, respectively may represent a limiting factor for soil enzyme activity under all selected SCs.

In this study, subsidiary crops utilization is confirmed to be an effective agricultural practice promoting soil biochemical properties even before their suppression. However, the positive effects may have different extent in relation to the specific pedo-climatic area.

We declare that we do not have conflicts of interest to disclose.

Please address all correspondence concerning this manuscript to me.

Thank you for your consideration of this manuscript.

Sincerely,

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Highlights

1. SC cultivation affects soil quality enhancing biochemical activity
2. SCs effect on soil biochemical properties were similar in the mild pedo-climatic zones
3. High rainfall and low temperature may reduce the effect of SCs on soil microbial activity.
4. The Mediterranean north was the most suitable climate to promote leguminous growth.
5. Arylsulphatase and Chitinase activities were the most sensitive enzymes to SCs cultivation

1 **Changes of soil biochemical properties as affected by subsidiary crop cultivation in four**
2 **European pedo-climatic zones**

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23

24 **Abstract**

25 Conservation agriculture represents an approach to managing agro-ecosystems aiming at
26 preserving and enhancing the resource base and the environment. Subsidiary crops (SCs) are
27 important components of conservation agriculture since they provide agro-ecological services,
28 such as maintaining the soil resource. However, the importance of SC species and
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31 biomass and activity at four sites across Europe. The experiments were conducted during
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33 Continental (Switzerland AGS) and Mediterranean north (Italy UNI) pedo-climatic zones.
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35 activity, ii) the overall site-specific effect of the SCs growth of on soil biochemical properties.
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38 SCs at the majority of sites indicating carbon and nitrogen immobilization process which may
39 result in a positive trend of soil organic matter over time. Effects of SCs were similar in the
40 pedo-climatic zones where temperatures are never below 0 °C (ORC and UNI). Moreover,
41 arylsulphatase was the most sensitive enzyme to legumes in the Mediterranean north. In
42 contrast, chitinase activity was enhanced by SCs in the Oceanic and Nemoral pedo-climatic
43 zones. The high precipitation level and the low average temperature, typical of Continental
44 and Nemoral zones, may represent limiting factors for soil enzyme activity under all selected
45 SCs. Among the four pedo-climatic zones, the Mediterranean north represented the most
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48 modulated by the different pedo-climatic conditions.

49 **Keywords:** subsidiary crop; microbial biomass; specific enzyme activity.

50 **Introduction**

51 Subsidiary crops (SCs) are grown primarily for their agro-ecological services. The adoption of
52 SCs, in combination with minimum soil tillage practices and within a well-planned crop
53 rotation, is the main pillar of conservation agriculture (Creamer and Dabney, 2002; Pittelkow
54 et al., 2014). Subsidiary crops protect the soil from erosion, in particular during the fallow
55 period between the two main cash crops, and they provide a continuum of root systems in
56 soil, promoting soil microbial biomass and its activity through rhizo-deposition that provide
57 uniform supply of organic C, as an energy source for microorganisms (Kumar et al., 2006;
58 Paterson, 2013). The root system of SCs may increase soil microbial abundance and activity
59 by enhancing the stabilization of soil macro-aggregates (Gyssels et al., 2005), which are ‘hot
60 spots’ for soil microorganisms (Nannipieri et al., 2003; Sexstone et al., 1985). Some SCs with
61 tap roots can penetrate deeply and help break up hard pans and bring nutrients up from deep
62 layers while other SCs with fibrous roots, especially grasses, will increase soil carbon through
63 their extensive root systems (Sarrantonio, 2012). Before cover crop suppression the presence
64 of plant roots has a large impact on soil microbial communities and root exudates supply
65 energy to soil microbes more efficiently than decomposing roots and crop residues (Calderon
66 et al., 2016). In addition to their below ground effect, SCs can produce a large amount of
67 above ground biomass. They promote nutrient cycling, and thus soil fertility, particularly
68 when they are incorporated into the soil as green manure (Mancinelli et al., 2013; Fageria et
69 al., 2005) or when they are mowed and left on the soil surface as organic dead mulch
70 (Hartwig and Ammon, 2002).

71 Subsidiary crops can be non-leguminous species such as grasses (*Poaceae*) including cereals
72 grown for that purpose, crucifers (*Brassicaceae*), other flowering plants, or legumes
73 (*Fabaceae*). Leguminous species are widely used as SCs because of their ability to fix
74 atmospheric nitrogen in symbiosis with Rhizobia. A large part of the N from legumes tends to
75 be released soon after their suppression, as the residue decomposition process is generally

76 rapid mainly due to their low C/N ratio (Radicetti et al., 2016). Moreover, legumes have a
77 greater positive effect on soil microbial biomass than other species due to a higher root
78 exudation rate (Chen et al., 2008).

79 The impacts of SCs on soil nutrient biogeochemical cycling are usually documented in
80 relation to the soil organic carbon pool variation (Mukumbareza et al., 2016) , which drives
81 soil microbial activity, inducing a priming effect of native soil organic matter (SOM) (Insam
82 and Domsch, 1988; Blagodatskaya and Kuzyakov, 2008; Murphy et al., 2011). Changes in
83 agronomic practices may cause long-term changes of the total soil organic carbon content
84 (Poeplau and Don, 2015). In the short-term, differences in soil C and N labile pools and soil
85 enzyme activities can be used as indicators of biological activity and they are widely used to
86 detect soil responses to agricultural management practices (Ramos et al., 2010; Zhou et al.,
87 2012). The greater soil microbial biomass and activity occurring after SC suppression
88 contribute to bio-geochemical nutrient cycling (Chavarria et al., 2016; Mbutia et al., 2015).
89 In this context, soil biochemical properties as related to soil microbial activity are often used
90 as indicators of ecological changes and can be used to evaluate mineralization process
91 dynamics based on substrate availability and seasonal fluctuations (Mancinelli et al., 2013;
92 Marinari et al., 2015).

93 The benefits to the agro-ecosystem provided by SCs strongly depend on pedo-climatic
94 conditions (Mondal et al., 2015), land use intensity (Wittwer et al., 2017) and SC type
95 (Poffenbarger et al., 2015). These factors in turn affect crop productivity, the decomposition
96 rates of SOM, and the abundance of substrates that can be directly used by the soil microbes
97 (Davidson and Janssens, 2006; Marinari et al., 2015). Depending on SC species and pedo-
98 climatic conditions SCs are likely to influence the biochemical properties differently. The
99 effect after SC suppression on soil properties (i.e. the joint effects of the incorporation of the
100 above ground biomass and roots after killing have been widely investigated (Poeplau

101 and Don, 2015). Conversely, there is only little knowledge about the effect of SC growth on
102 soil nutrient availability and microbial biomass and activity.

103 The overall objective of this study was to fill this gap by assessing the effects of various
104 standing SCs on soil carbon and nitrogen labile pools, and microbial activity. It was
105 hypothesized that soil biochemical properties are influenced by SC species and pedo-climatic
106 conditions. Therefore, coordinated field experiments were conducted at four sites located in
107 different pedo-climatic zones across Europe. The effects were studied at the end of the
108 cropping cycle of the SCs before soil tillage. In particular, the aims of the study were: (i) to
109 assess the effect of SC root system before suppression on soil microbial biomass and its
110 activity, in different pedo-climatic conditions (ii) to assess the site-specific effect of the
111 annual meteorological conditions during the growth of the various SCs on soil biochemical
112 properties.

113

114 **2. Materials and methods.**

115 *2.1. Experimental setup and vegetation assessment*

116 Field experiments were carried out in 2013/2014 and 2014/2015 (hereafter called cycle I and
117 cycle II, respectively) at four sites (Figure 1). These sites represent a broad range of agro-
118 environmental zones (Jongman et al., 2006): Nemoral (Swedish University of Agricultural
119 Sciences, hereafter called SLU), Atlantic Central (Suffolk, United Kingdom - Organic
120 Research Centre, ORC), Continental (Tänikon, Switzerland - Agroscope (AGS) and
121 Mediterranean north (Viterbo, Italy - University of Tuscia, UNI). The pedo-climatic
122 conditions at the four sites were quite different, they are summarized in table 1 and figure 1.
123 As for climate description the aridity index (AI) was reported in addition to annual average of
124 rainfall and temperature. The AI was calculated on a monthly basis as:

125
$$AI = \frac{Pi}{Ti + 10}$$

126 where AI = aridity index; Pi = monthly precipitation amount; Ti = monthly mean air
127 temperature (Mancinelli et al., 2013). According to this index the wettest site, such as AGS,
128 shows the highest value in both crop cycles; while the driest sites were ORC in the cycle I and
129 UNI in cycle II. Finally, SLU showed the highest content of organic carbon (Corg) and an
130 acid pH. On the contrary UNI showed the lowest Corg content while ORC soil was the most
131 alkaline.

132 All sites followed a common design starting with wheat cultivated in the first year. Wheat was
133 sown either alone or intercropped with a leguminous species [subclover (*Trifolium*
134 *subterraneum* L.) at UNI and AGS; white clover (*Trifolium repens* L.) at SLU and yellow
135 trefoil (*Medicago lupulina* L.) at ORC] (Table 2). The leguminous species were chosen for
136 their abilities, either to self re-seed (subclover) or to re-grow (white clover and yellow trefoil),
137 in order to act as cover crop after wheat harvest. The pure wheat was followed either by a SC
138 sown immediately after harvest of wheat or bare (weedy) soil. The SCs sown after the wheat
139 were either the legume hairy vetch (*Vicia villosa* L. at SLU, AGS and UNI) or *Brassica* based
140 (Oilseed radish, *Raphanus sativus* L., at SLU and AGS and a *Brassica* mixture at ORC).
141 Moreover, a mixture of brassica and yellow trefoil was adopted as cover crop at ORC (Table
142 2). At each site, a soil without SCs was adopted as a control. In all experiments, the treatments
143 were replicated four times according to a randomized complete block design. In both crop
144 cycles, the percentage ground coverage of SC species was visually assessed at the end of SC
145 crop cycle. The soil coverage by the SCs differed among the four experimental sites. At ORC,
146 the brassica was partially killed due to frost over the winter. Similarly, at SLU the oilseed
147 radish and the hairy vetch were frost killed during winter. However, the hairy vetch recovered
148 to produce some biomass before being terminated (Figure 2).

149

150 *2.2. Soil chemical and biochemical properties*

151 Soil samples were collected at 0-30 cm depth before the establishment of the experimental
152 set-up in order to define the initial soil properties at each site. The second sampling was done
153 at the end of SC cultivation period, before the preparation of seed or planting bed for the
154 following main cash crop, in the spring of 2014 and 2015 for crop cycle I and II, respectively.
155 Three soil cores per plot were taken by means of an auger, air-dried before sieving (2 mm)
156 and preserved at room temperature for no more than four months. Soil moisture content was
157 adjusted to 60 % of the water holding capacity, and soil samples were then left to equilibrate
158 in the dark at room temperature for 3 days prior to measuring extractable C and N content,
159 microbial biomass and enzyme activities. Total organic carbon (Corg) and nitrogen (TN)
160 contents were determined using the dry combustion method with Thermo Soil NC—Flash
161 EA1112 elemental analyser (Tiessen & Moir, 1993). Each sample was pre-treated with a 10%
162 HCl solution to eliminate carbonates. In order to avoid differences induced by different soil
163 organic matter background between the sites, the soil labile pool and microbial activity were
164 expressed per unit of soil organic carbon. Microbial biomass carbon (Cmic) and nitrogen
165 (Nmic) were determined with the fumigation–extraction method (Vance et al., 1987), using
166 the (Shimadzu) TOC-V CSN and TNM-1 analyser. Microbial C (Cmic:Corg) and N index
167 (Nmic:TN) were calculated as a percentage of the total organic C and N. Additionally, the
168 extractable carbon (Extr C) and nitrogen (Extr N) were determined with the same equipment
169 on non-fumigated samples and expressed as a percentage of total organic C and N,
170 respectively.

171 The following hydrolytic enzymes, involved in soil biogeochemical cycles of the four main
172 elements (C, N, P and S), were analysed: for carbon β -glucosidase (EC 3.2.1.21), α -
173 glucosidase (EC 3.2.1.20), xylosidase (EC 3.2.2.27) and cellobiohydrolase (EC 3.2.1.91); for
174 nitrogen chitinase (EC 3.2.1.30), for phosphorus acid-phosphatase (EC 3.1.3.2); for sulphur
175 arylsulphatase (EC 3.1.6.1). Finally, the butyrate esterase (EC 3.1.1.1) was analysed as a

176 proxy of intracellular activity (Wittman et al., 2004). The enzyme activities were determined
177 with the microplate assay (Marx et al., 2001) using fluorogenic substrates (4-MUF- β -D-
178 cellobioside, 4-MUF-N-acetyl- β -glucosaminide, 4-MUF- β -D-glucoside, 4-MUF- α -D-
179 glucoside, 4-MUF-phosphate, 4-MUF-sulphate, 4-MUF-7- β -D-xyloside and 4-MUF-butyrate
180 as substrates). Fluorescence (excitation 360 nm, emission 450 nm) was measured with an
181 automatic fluorimetric plate-reader (Fluoroskan Ascent) and readings were taken after 0, 30,
182 60, 120 and 180 min of incubation at 30 °C (Marinari et al., 2013). The enzyme activities
183 were expressed per unit of soil organic carbon (specific enzyme activities) (Trasar-Cepeda et
184 al., 2008) in order to compare the sites that presented different organic carbon contents.
185 Moreover, the enzyme activities involved in the C cycle were expressed as Synthetic Enzyme
186 Index (SEI C), which was calculated as the sum of 4 enzyme activities (β -glucosidase, α -
187 glucosidase, xylosidase, cellobiohydrolase), releasing the same reaction product in the
188 microplate fluorometric assay such as 4-methylumbelliferone (MUF). Finally, the soil
189 microbial functional diversity was calculated using the Shannon Diversity Index calculated as
190 $H' = -\sum p_i \ln p_i$ (Bending et al., 2002) where p_i is the ratio of the activity of one enzyme to the
191 sum of activities of all enzymes.

192

193 *2.3 Data processing and statistical analysis*

194 Analysis of variance (ANOVA) of chemical and biochemical soil properties data was
195 performed separately for each crop cycle (I and II) and site. Fisher's protected least significant
196 differences (LSD) at the 0.05 probability level ($P < 0.05$) were used for comparing the
197 subsidiary crop treatments (leguminous CC, crucifers CC, living mulch and control).
198 Normality of the data was checked using Kolmogorov-Smirnov test. The soil chemical and
199 biochemical properties obtained in each experimental site were analysed using PCA in order
200 to verify the effectiveness of the grouping variables to discriminate soil properties in the four

201 pedo-climatic zones. This analysis was applied separately for each SC treatment. The
202 statistical analyses were performed using the JMP 9.0 statistical software package (SAS
203 Institute, Cary, NC).

204

205 **3. Results**

206 The PCA score plot showed that the soil properties at the four sites were generally separated
207 regardless of SCs (Figure 3). However, the clover treatments at ORC and UNI grouped
208 together (Figure 3c). Based on the loading factor (Table 3) the main soil properties
209 discriminating between the pedo-climatic zones were specific enzyme activities and the pool
210 of labile nutrients, such as extractable and microbial carbon and nitrogen as percentage of
211 total organic carbon. In contrast, the C:N ratio of both soil and microbial biomass together
212 with the microbial basal respiration contributed little to the groups separation. The highest
213 loading values on PC1 for each SC treatments and control soil were the specific enzyme
214 activities (SEIC, Chit, Pho, Aryl). Moreover, the microbial carbon and nitrogen quotients
215 $C_{mic}:C_{org}$ and N_{mic}/TN , respectively can be included as loading factor for PC1 in case of
216 clover living mulch and leguminous cover crops. Conversely, extractable C and N showed
217 always high loading factors of PC2 for all treatments with positive coefficient in SC treatment
218 and negative for control soil (Table 3).

219 Based on the site and cycle specific ANOVA, the soil microbial biomass and its activity
220 together with the extractable C and N pools (Extr C and Extr N) were the most sensitive soil
221 indicators showing significant differences among SC treatments at each site (Table 4).
222 Conversely, as expected, soil total organic C and total N did not change due to SC treatments.
223 Moreover, the Extr C and Extr N, expressed per gram of soil, were affected by SC treatment,
224 while they were less sensitive to SC treatment when they were expressed per unit of organic
225 carbon and total nitrogen, respectively (Table 4). The only significant differences for Extr

226 N/TN were observed in samples from cycle I at AGS and cycle II at UNI, and for Extr C/Corg
227 in cycle II at AGS. In particular, the variation of the extractable N pool as percentage to the
228 total N was caused by leguminous SCs, hairy vetch and subclover. At UNI, Extr N/TN under
229 vetch was 4.0 % and with subclover 3.5 % vs. 3.0 % of control, while in the first cycle of
230 AGS, the Extr N/TN under vetch was 5.5% and 4.9 % under subclover vs. 4.1% in the
231 control. In the cycle II at AGS a significant increase of Extr C/Corg was also observed after
232 brassica and subclover, 1.4% and 1.3%, respectively compared to 0.7% in the control soil.
233 The percentage of extractable fractions to the total C and N content changed across the pedo-
234 climatic zones reaching the lowest values under Nemoral climatic conditions (SLU), while the
235 highest values were observed at the Mediterranean north site (UNI) (Fig. 4). Conversely, the
236 SC treatment significantly increased the microbial carbon quotient (Cmic:Corg) at the
237 Oceanic and Mediterranean north sites (ORC and UNI, respectively) in both crop cycles. In
238 the two years 2014 and 2015, similar SC effects were found on microbial nitrogen quotient
239 (Nmic:TN) in the Continental and Nemoral sites (AGS and SLU, respectively). The
240 Cmic:Corg was sensitive to brassica at ORC and to Vetch and subclover at UNI with a higher
241 value with respect to the control soil (Fig. 4a). Moreover, in the crop cycle I at the AGS site,
242 vetch resulted in the highest microbial carbon quotient. The microbial nitrogen quotient
243 (Nmic:TN) at AGS increased in all SC treatments compared to the control soil, while at SLU
244 the brassica resulted in a high percentage at both crop cycles (Fig. 4b).

245 Several significant differences occurred at the Oceanic and Mediterranean north sites (ORC
246 and UNI) (Table 4). In particular, enzymes involved in C (SEIC), S (arylsulphatase) and N
247 (chitinase) cycles were affected by SC treatments (Table 4). Repeated effects across crop
248 cycles occurred only for chitinase activity in the northern sites (ORC and SLU) and for
249 arylsulphatase activity at the southern site (UNI) (Table 4). Other significant differences in
250 enzyme activity occurred between SC treatments with respect to chitinase an enzyme
251 involved in the carbon and nitrogen bio-geo-chemical cycle. The activity of this enzyme was

252 particularly enhanced in soil under vetch at the Nemoral site (SLU) and in soil under vetch
253 and subclover at the Mediterranean north site (UNI) (Fig. 5c). Moreover, the specific activity
254 of acid phosphomonoesterase was similar in all SC treatments at UNI and AGS while at ORC
255 the effect of brassica was significant only at the cycle I and at SLU the effect of SC treatment
256 was evident only at the cycle II. At UNI the specific activity of arylsulphatase was highly
257 positively affected by the leguminous SCs (Fig. 5d). As an overall observation, ORC and UNI
258 had the highest microbial biomass (C and N) (Fig. 5).

259 Trends for extractable C and N, expressed as percentage to the respective total amount of C
260 and N, differed among sites (Fig. 6 a and b). While Extr C/Corg tended to be similar among
261 sites (Fig. 6a), Extr N/TN was highest in the Mediterranean north and lowest in the Nemoral
262 pedo-climatic zone (Fig.6b).

263 The specific soil enzyme activities mainly varied between cycles I and II as well as among the
264 four pedo-climatic zones as shown by the synthetic enzyme index (Fig. 7a). Moreover, the
265 microbial functional diversity expressed by the Shannon index (H') was slightly higher at
266 AGS compared to the other sites (Fig. 7b). The ANOVA revealed that for H' differences
267 along the two cropping cycles were significant only at the Mediterranean north site UNI
268 (Table 4) where SC treatments enhanced the microbial biomass functional diversity (Vetch
269 2.18 and subclover 1.98 vs. Control soil 1.90).

270

271 **4. Discussion**

272 In this study, the SC effect was observed at the end of SC cultivation period, before the
273 preparation of planting bed of the following main cash crop. This allowed evaluating the
274 combined effects of SC cultivation with pedo-climatic conditions on soil labile C and N pools
275 and microbial activity over a two-year period. This is in contrast to the majority of studies that
276 investigate the effects of SCs after their suppression and during the following main cash crop

277 cultivation when the SC residues were either left on the soil surface, as dead mulch, or
278 incorporated into the soil as green manure. This does not allow to separate effects of the
279 mineralization process of the residues from the plant effects themselves (Radicetti et al., 2016;
280 Marinari et al., 2015; Dinesh et al., 2001; Hu et al. 1997). SC suppression means a rapid and
281 substantial input of organic matter usually during periods with climatic conditions conducive
282 to microbial degradation processes, to support rapid microbial processes of incorporation of
283 organic matter. The usually slower and more variable processes of rhizodeposition and other
284 microbial processes during SC growth, as influenced by pedo-climatic conditions, become,
285 thus, indiscernible. Therefore, this work provides insight on soil biochemical changes induced
286 by the species specific effects that SCs produce during their growth.

287

288 *4.1 Effect of pedo-climatic zones on soil biochemical properties across Europe*

289 As the two cycles were conducted in different fields at the different sites, pedo-climatic and
290 weather conditions cannot be fully separated. The interaction of pedo-climatic zones and SC
291 species resulted in soil changes in terms of nutrient labile pool and biochemical activity and it
292 was considered SC specific when the effect occurred in both crop cycles (I and II) although
293 microbial population size and activity was shown to be very sensitive to seasonal fluctuation
294 at UNI (Marinari et al., 2015). Therefore, the repeatability of the effects of SC growth on soil
295 microbial biomass under different meteorological conditions suggests a dominant effect of SC
296 on soil biochemical properties.

297 In the Mediterranean north and Oceanic pedo-climatic zones, where the aridity index (AI) was
298 lower and temperatures were seldom below 0 °C, the microbial indices (Cmic:Corg;
299 Nmic:TN) and the synthetic enzymatic index (SEI) were higher than in the Continental and
300 Nemoral zones. This may be because soil microorganisms rapidly metabolize labile substrates
301 when temperature are mild (Davidson and Janssens, 2006; Marinari et al., 2015). Increased

302 precipitation and temperature enhance the soil labile pool of C and N, which are easily
303 decomposable by soil microorganisms and an important source of nutrients for the agro-
304 ecosystems (Song et al., 2012). In this study, the effect of pedo-climatic conditions was
305 particularly evident for Extr N/TN being the highest in the Mediterranean north zone.
306 Moreover, in the Oceanic and Mediterranean north zones, effects of clover were almost
307 equivalent making soils of the two pedo-climatic zones more similar compared to the other
308 SCs and control treatments. This effect might be due to the fact that similar climate conditions
309 allowed clover to grow more vigorously on the different soils of those areas, where
310 temperature was never below 0 °C and a low AI was registered. Conversely, spring-sown
311 clover never died at SLU, but its growth was prevented by low temperatures. Soil freezing has
312 a direct influence on the soil water availability, causing a slower diffusion of C based
313 substrates and enzymes within the soil matrix (Jefferies et al., 2010). Moreover, very cool or
314 frozen soil either slows down microbial metabolism or may kill microorganisms due to cell
315 starvation or rupture (Jefferies et al., 2010). Finally, in the Continental pedo-climatic zone
316 (AGS) the soil specific enzyme activity was generally the lowest among all sites, probably
317 due to the highest precipitation level observed in this site during SCs cultivation. Soil water
318 *status* is an important aspect affecting microbial community activity (Pan et al., 2016) and
319 structure since they are partly controlled by soil oxygen availability, which is in turn
320 controlled by soil moisture (Drenovsky et al. 2004; Schimel et al. 2007).

321

322 *4.2 Effect of SC cultivation on soil biochemical properties*

323 In general, positive effects on soil biochemical characteristics associated to the
324 biogeochemical cycles of nutrients, were observed after vetches and brassica-trefoil mixtures
325 cultivation than after brassica. Although in this study no data on root exudates were collected,
326 it is likely that the different effects of various SC species on microbial biomass pool and its

327 activity, could be due to the rhizosphere effect and root exudates that led to changes in the
328 composition, size and activity of the soil microflora (Chavarria et al., 2016). In the
329 Mediterranean north environment (UNI), both leguminous SCs (vetch and subclover) resulted
330 in an increase of microbial biomass and their functional diversity (H') in both crop cycles I
331 and II. Enhancing plant diversity increases soil microbial diversity, therefore populations of
332 beneficial microbes such as disease-suppressive bacteria can be increased by increasing plant
333 functional group richness including SCs in the crop rotation (Vukicevich et al., 2016).
334 Similarly, in the Continental environment (AGS) an increase of microbial nitrogen quotient
335 ($N_{mic}:TN$) was observed after vetch.

336 The significant positive effect on the soil microbial pool by leguminous SCs, especially vetch,
337 observed in the Mediterranean north and Continental pedo-climatic zones (UNI and AGS),
338 could probably be explained by the vigorous growth of the SCs, as indicated by the high soil
339 coverage, and the associated well-developed root system. Moreover, Leguminous species
340 have a great diversity of root exudates (Sugiyama and Yazaki, 2012) attracting a larger
341 amount of microorganisms compared with other SC families. This might explain the higher
342 microbial quotient and activity under vetch and subclover.

343 The site-specific effect of SC due to fields or annual meteorological conditions was evident
344 when a different response of labile nutrient pools and enzyme activities was found between
345 the crop cycles I and II. Repeated positive effects (both in cycle I and II) on arylsulphatase
346 activity were found in the Mediterranean north environment. Conversely, in the Nemoral and
347 Oceanic pedo-climatic conditions (SLU and ORC sites), where SCs coverage was reduced
348 with respect to the other sites, a repeated positive effect (both in cycle I and II) of SCs was
349 registered for chitinase activity. The increase of arylsulphatase activity observed in soil under
350 vetch at UNI may suggest a high demand of S by this cover crop in the environment where its
351 growth is particularly enhanced. S in soil might promote root nodule growth and thus the
352 growth of legumes (Latef and Ahmad, 2015). Low concentrations of SO_4 in soils could

353 stimulate soil microbes to release arylsulfatase as extracellular enzyme (Saviozzi et al., 2006;
354 Wilhelm, 2009).

355 In the Nemoral and Oceanic climatic zones most of the specific enzyme activities were
356 sensitive to annual conditions, with the exception of chitinase activity. It is known that soil
357 nitrogen availability usually increases under legumes SC (Radicetti et al., 2016). This in turn
358 may act as a negative feedback on soil chitinase activity (Olander and Vitousek, 2000) while
359 promoting activity of other soil enzyme activity, such as phosphatase (Olde Venterink, 2011).
360 Moreover, the increase of chitinase activity can be attributed to the constant presence of
361 fungal populations in soils (Vepsäläinen, 2012) that could be particularly high in soil under
362 SC's in Nemoral and Oceanic pedo-climatic zones. Conversely, in Mediterranean pedo-
363 climatic zone, mild temperatures may promote bacterial community growth characterized by a
364 faster metabolism than other microbial groups (Pietikainen et al., 2005). Moreover, in the
365 same pedo-climatic zones, brassica SC had a positive effect on soil microbial C and N pools.
366 Previous studies reported that the size of microbial C and N pools are not only affected by
367 climate and crop but also by the growth stage of the brassicas with a higher biomass around
368 stem elongation (Sabahi et al., 2010). Therefore, even if the SCs at ORC and SLU sites did
369 not achieve complete soil coverage, the root system established at the end of the cover crop
370 cycle may have promoted soil microbial biomass and activity with particular effects on
371 chitinase activity. Finally, the increase of $C_{mic}:C_{org}$ observed at all sites suggests a carbon
372 immobilization process within the microbial biomass. This may lead to a positive future trend
373 on soil C storage due to SCs. $C_{mic}:C_{org}$ is an early and sensitive predictor of changes
374 occurring in soil organic matter making it a useful parameter for short-term studies that do not
375 allow the assessment of TOC changes (Marinari et al., 2006; Lagomarsino et al., 2009). The
376 lack of significant effect of SCs on the carbon labile fraction ($Extr\ C/C_{org}$) supports the
377 efficacy of this indicator suggesting that no losses as soluble carbon forms occurred.

378

379 **5. Conclusions**

380 In conclusion, SC cultivation positively affected soil microbial biomass and activity. Even
381 though microbial population size and activity are sensitive to seasonal fluctuations, a
382 dominant effect of SCs, independent of annual meteorological conditions, was found within
383 climatic zones. Depending on climatic zone, either arylsulphatase (Mediterranean north zone)
384 or chitinase enzymes (Oceanic, Nemoral zone) were enhanced by SCs species. The microbial
385 C and N immobilization occurring during SC cultivation represents an early predictor of
386 positive effects on soil organic matter in the long term.

387 Among the four pedo-climatic zones, the growth of legumes as living mulch enhances soil
388 specific enzyme activity producing similar effects in pedo-climatic zones where the mean
389 temperatures do not fall below 0 °C (Mediterranean north and Oceanic, respectively).
390 Moreover, the Mediterranean north is the most suitable to promote growth and coverage of
391 leguminous SCs, enhancing soil microbial activity and functional diversity. As for
392 Continental and Nemoral zones, the high precipitation level and the low average temperature,
393 respectively represent limiting factors for soil enzyme activity under all selected SCs.

394 Subsidiary crops utilization is confirmed to be an effective agricultural practice enhancing soil
395 biochemical properties even before their suppression. However, it is important to evaluate
396 their potential beneficial effect in relation to the specific pedo-climatic area where the positive
397 effects may have different extent.

398

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404

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575

576

Table 1. Pedo-climatic description of the four European experimental sites.

Crop cycles	Sites	Climate description (*)			Soil properties							
		Rainfall (avg mm y ⁻¹)	Temperature (avg °C y ⁻¹)	AI	Clay (%)	Silt (%)	Sand (%)	Soil texture (USDA)	pH (H ₂ O) 1:2.5 w:v	Total carbonate	Corg	TN
I (2013-2014)	SLU	598	8.2	2.66	10	60	24	Silt loam	5.7	1.4	30.8	2.8
	ORC	628	10.8	1.19	58	20	22	Clay	7.5	4.6	20.7	2.0
	AGS	1111	9.5	3.74	19	35	46	Loam	7.1	1.0	20.1	2.2
	UNI	845	11.6	2.84	23	21	55	Sandy-Clay-loam	6.7	0.4	11.0	1.1
II (2014-2015)	SLU	526	7.3	1.18	20	63	14	Silt loam	6.1	3.0	28.6	2.2
	ORC	662	10.5	0.95	58	20	22	Clay	7.2	2.8	23.2	2.7
	AGS	1259	10.6	4.80	22	35	43	Loam	6.9	4.5	21.6	2.3
	UNI	614	11.2	0.86	15	22	63	Sandy-loam	6.7	1.0	12.1	1.1

*Averages of rainfall and temperature are calculated considering data record of 12 months before soil sampling date, AI= aridity index is calculated on a monthly basis (30 days before soil sampling)

Corg = total organic carbon, TN = total nitrogen.

Table 2. Description of experimental set-up of crop cycle I and II.

Crop cycle	Sites	Main Crop1	Subsidiary Crops	Soil sampling
I	SLU	Soft Wheat	Oilseed radish Hairy vetch White clover	05.05.2014
	ORC	Soft Wheat	Brassica mixture ¹ Brassica+Yellow trefoil Yellow trefoil	03.04.2014
	AGS	Soft Wheat	Oilseed radish Hairy Vetch Subclover	19.05.2014
	UNI	Durum Wheat	Hairy Vetch Subclover	24.04.2014
II	SLU	Soft Wheat	Oilseed radish Hairy vetch White clover	05.05.2015
	ORC	Soft Wheat	Brassica mixture ¹ Brassica+Yellow trefoil Yellow trefoil	10.04.2015
	AGS	Soft Wheat	Oilseed radish Hairy Vetch Subclover	02.06.2015
	UNI	Durum Wheat	Vetch Subclover	29.04.2015

¹Forage rape, White mustard and Fodder radish

Table 3. Loading factor values of the PCA related to figure 3; leguminous spp. (A), brassicaceous sp (B), clovers (C) and control plots (D). C/N = carbon to nitrogen ratio, Cmic:Corg = microbial carbon to total organic carbon ratio, Nmic:TN = microbial nitrogen to total nitrogen ratio, Ext C/Corg = extractable carbon to total organic carbon ratio, Ext N/TN = extractable nitrogen to total nitrogen ratio, Cmic/Nmic = microbial carbon to microbial nitrogen ratio, SEIC/Corg = sum of C cycle enzymes to total organic carbon ratio (C cycle enzymes specific activity), Chit/Corg = chitinase activity to total organic carbon ratio, Pho/Corg = phosphatase activity to total organic carbon ratio, Aryl/Corg = arylsulphatase activity to total organic carbon ratio, H' = Shannon diversity index.

	A		B		C		D	
	PC 1	PC 2						
C/N	0.7	-0.3	0.6	-0.6	0.3	-0.7	0.1	0.8
Cmic:Corg	0.5	0.6	-0.3	0.9	0.5	0.7	0.2	-0.4
Nmic/TN	0.3	0.8	0.4	0.8	0.8	0.4	0.9	-0.2
Ext C/Corg	0.0	0.8	-0.6	0.7	0.1	0.7	0.4	-0.7
Ext N/TN	0.2	0.8	-0.6	0.5	0.1	0.8	0.4	-0.7
Cmic/Nmic	0.7	0.0	-0.8	0.1	-0.3	0.2	-0.6	0.2
SEIC/Corg	0.8	0.0	0.7	0.6	0.9	0.0	0.9	0.2
Chit/Corg	0.8	-0.2	0.7	0.7	0.9	-0.1	0.8	0.3
Pho/Corg	0.8	-0.1	0.9	0.1	0.6	-0.7	0.6	0.7
Aryl/Corg	0.6	0.1	0.6	0.0	0.5	-0.2	0.1	0.5
H'	-0.6	0.5	-0.4	-0.6	-0.7	0.0	-0.6	-0.3

1 **Figure captions**

2 Figure 1. Localization and weather conditions (monthly average of the daily temperatures and
3 monthly total amount of rainfall) during the field experiments in 2013/2014 and 2014/2015 years of
4 the four experimental sites.

5

6 Figure 2. Soil coverage of the SC treatments: brassica sp. (Br), brassica and yellow trefoil mixture
7 (Br YT), vetch (V), subclover (Sub C), white clover (Wh C), and control (C) in the four pedo-
8 climatic zones: SLU (Nemoral); ORC (Oceanic); AGS (Continental); and UNI (Mediterranean
9 north), for crop cycles I (dark grey) and II (light grey). Bars represent the standard error (n=4).

10 Figure 3. Principal component analysis (PCA) of the four SC treatments: annual leguminous (a),
11 brassicaceous crops (b) sown after harvest of wheat, clovers under-sown in wheat (c), and control
12 soil (d) over both crop cycles. The markers representing the experimental sites were: circles-AGS
13 (Continental); squares-ORC (Oceanic); triangles-SLU (Nemoral) and asterisk UNI (Mediterranean
14 north). For acronyms see table 3.

15 Figure 4. (A) Microbial carbon (Cmic:Corg) and (B) nitrogen (Nmic/TN) quotients after SC
16 treatments: brassica spp. (Br), brassica and yellow trefoil mixture (Br YT), vetch (Ve), subclover
17 (Sub C), white clover (Wh C), and control (C), across the four pedo-climatic zones SLU (Nemoral),
18 ORC (Oceanic), AGS (Continental), and UNI (Mediterranean north), for crop cycles I (dark grey)
19 and II (light grey). Bars represent the standard error (n=4).

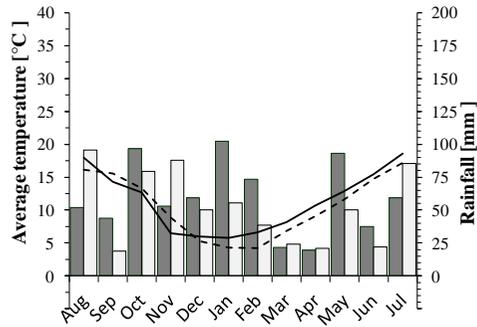
20 Figure 5. Soil enzyme activities involved in biogeochemical cycles and their functional diversity:
21 (A) C-cycle enzyme activities (SEI C); (B) chitinase (Chit), (C) acid phosphomonoesterase (Pho),
22 and (D) arylsulphatase (Aryl). The activities are expressed per unit of soil organic carbon. The CC
23 treatments considered: brassica sp. (Br), brassica and yellow trefoil mixture (Br YT), vetch (V),
24 subclover (Sub C), white clover (Wh C), and control (C) in the four pedo-climatic zones: Nemoral

25 (SLU), Oceanic (ORC), Continental (AGS) and Mediterranean north (UNI) at both crop cycles I
26 (dark grey) and II (light grey). Bars represent the standard error (n=4).

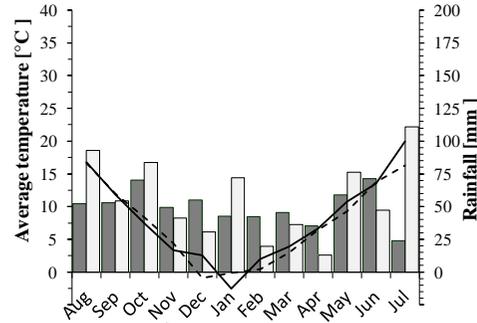
27 Figure 6. Soil extractable C expressed as percentage of total organic carbon (Corg) (a) and soil
28 extractable N as percentage of total nitrogen (TN) (b) across the four pedo-climatic zones: SLU
29 (Nemoral); ORC (Oceanic); AGS (Continental) and UNI (Mediterranean north) in both crop cycles
30 I (dark grey) and II (light grey). Middle line represents the median and whiskers the standard
31 deviations (n=16).

32 Figure 7. Soil synthetic enzyme index (SEI) (a) and microbial functional diversity (H') (b) across
33 the four pedo-climatic zones: SLU (Nemoral); ORC (Oceanic); AGS (Continental) and UNI
34 (Mediterranean north) in both crop cycles I (dark grey) and II (light grey). Middle line represents
35 the median and whiskers the standard deviations (n=16).

Figure 1



ORC - Suffolk, UK
 (51°23' N – 1° 24' W)
 Oceanic

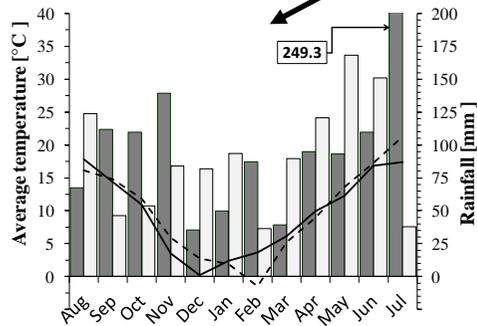


SLU - Uppsala, SE
 (49°49' N – 17° 39' E)
 Nemoral



AGS - Tänikon, CH
 (47°29' N – 8° 54' E)
 Continental

TUS - Viterbo, IT
 (42°25' N – 12° 03' E)
 Mediterranean North



LEGEND

- Rainfall 13/14
- Rainfall 14/15
- Temp. 13/14
- - - Temp. 14/15

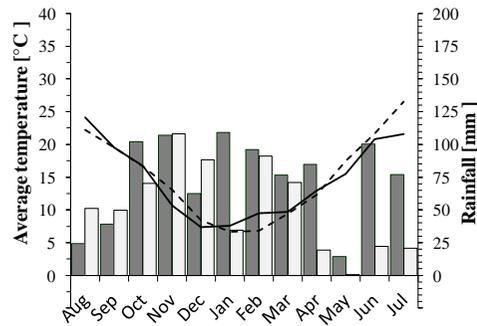


Figure 2

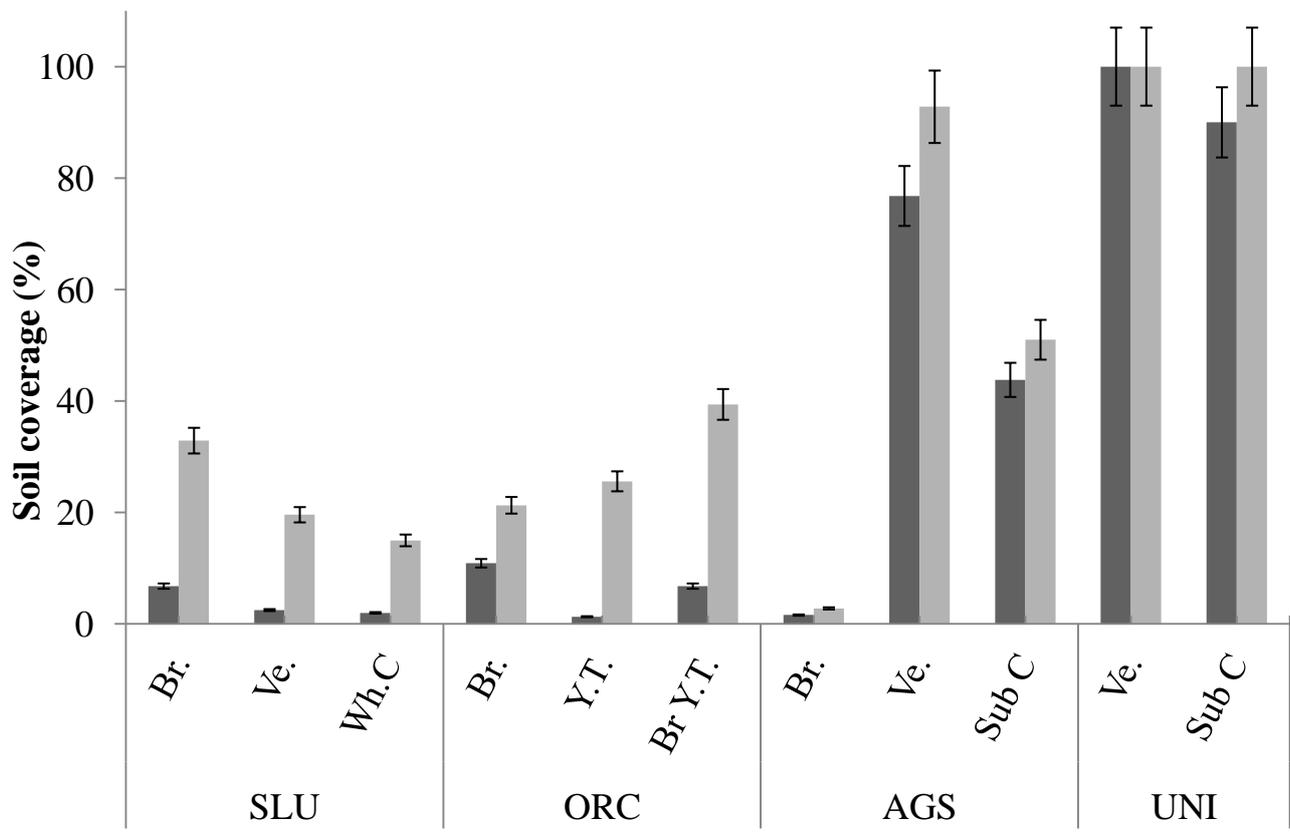


Figure 3

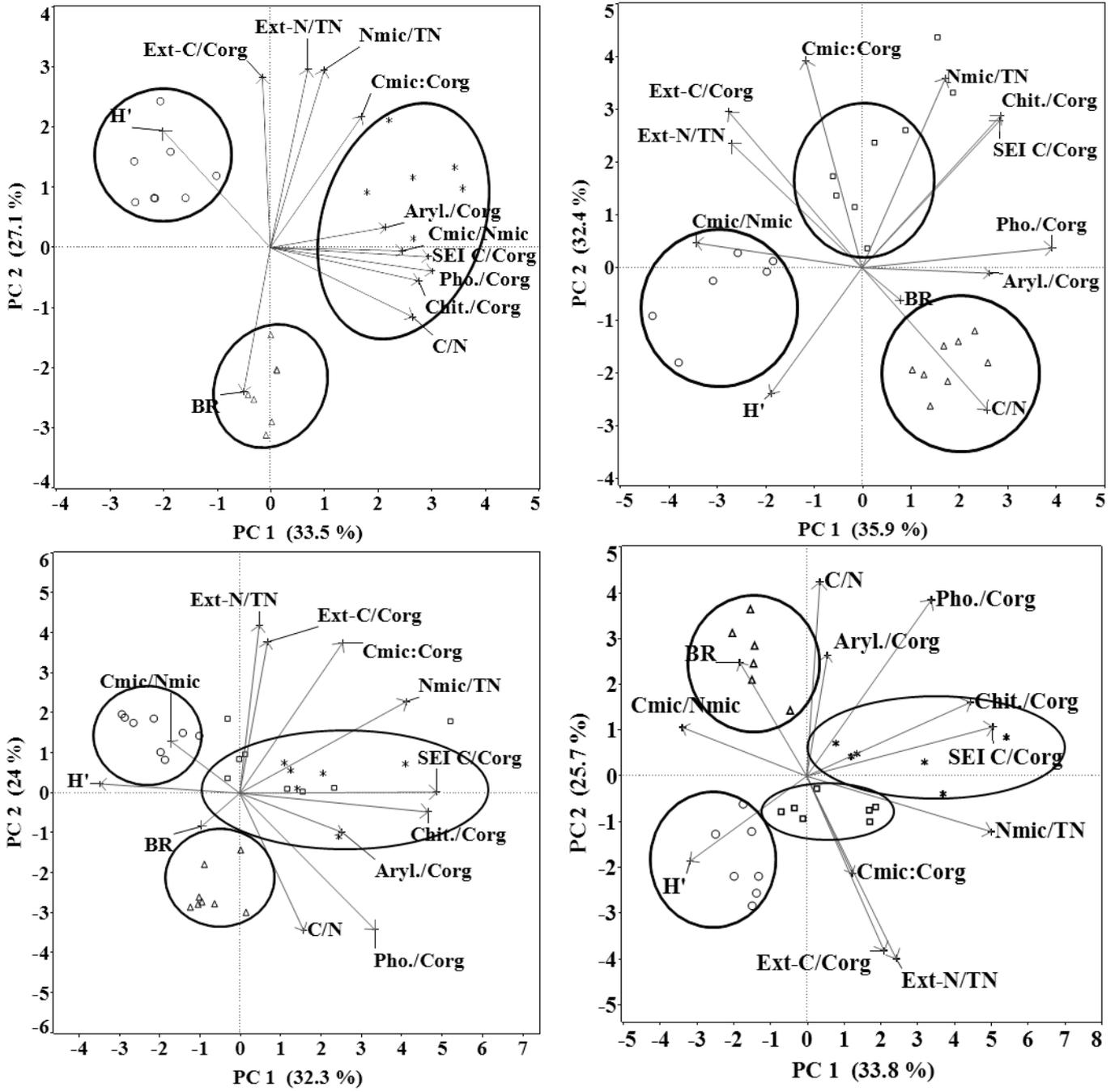


Figure 4

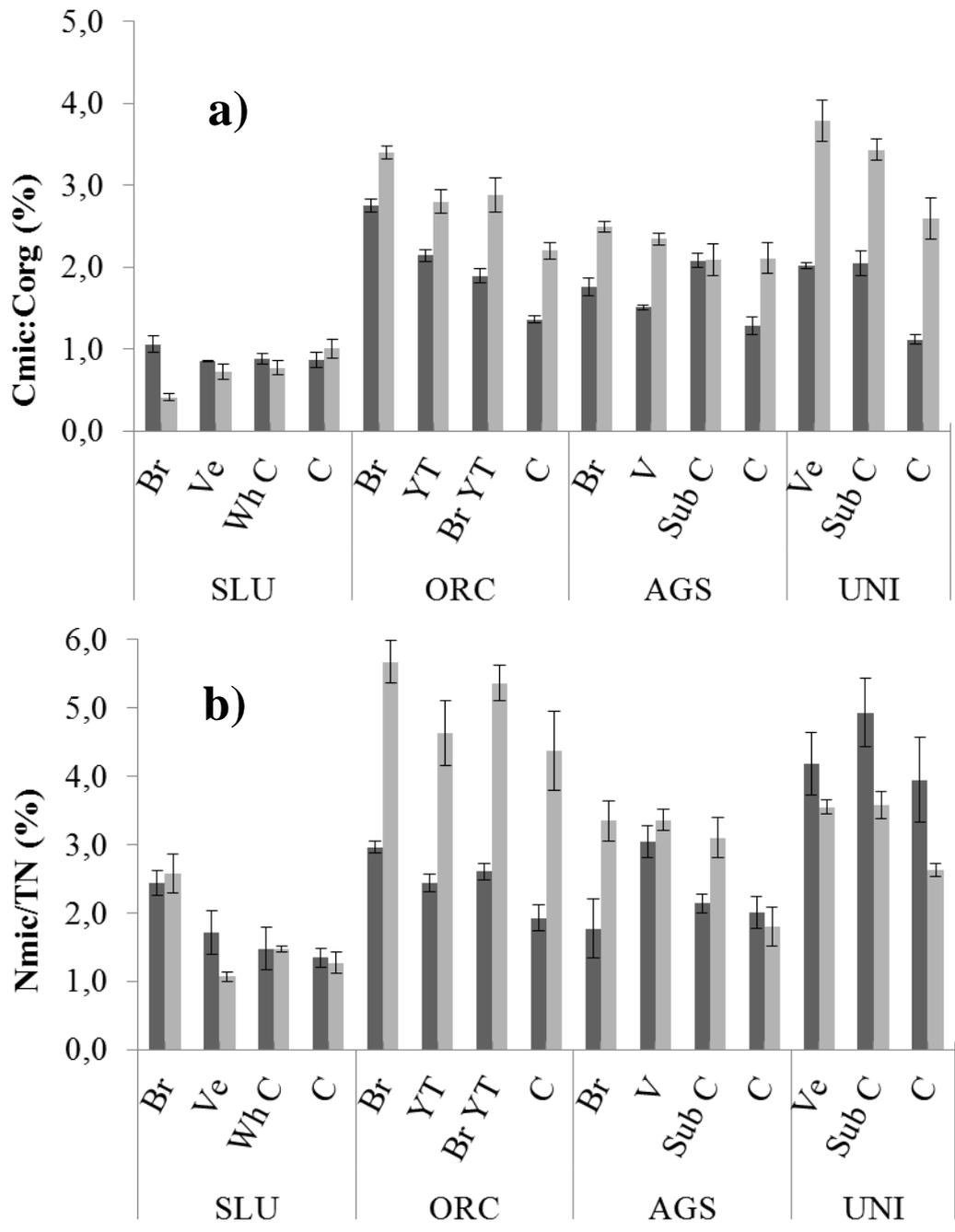


Figure 5

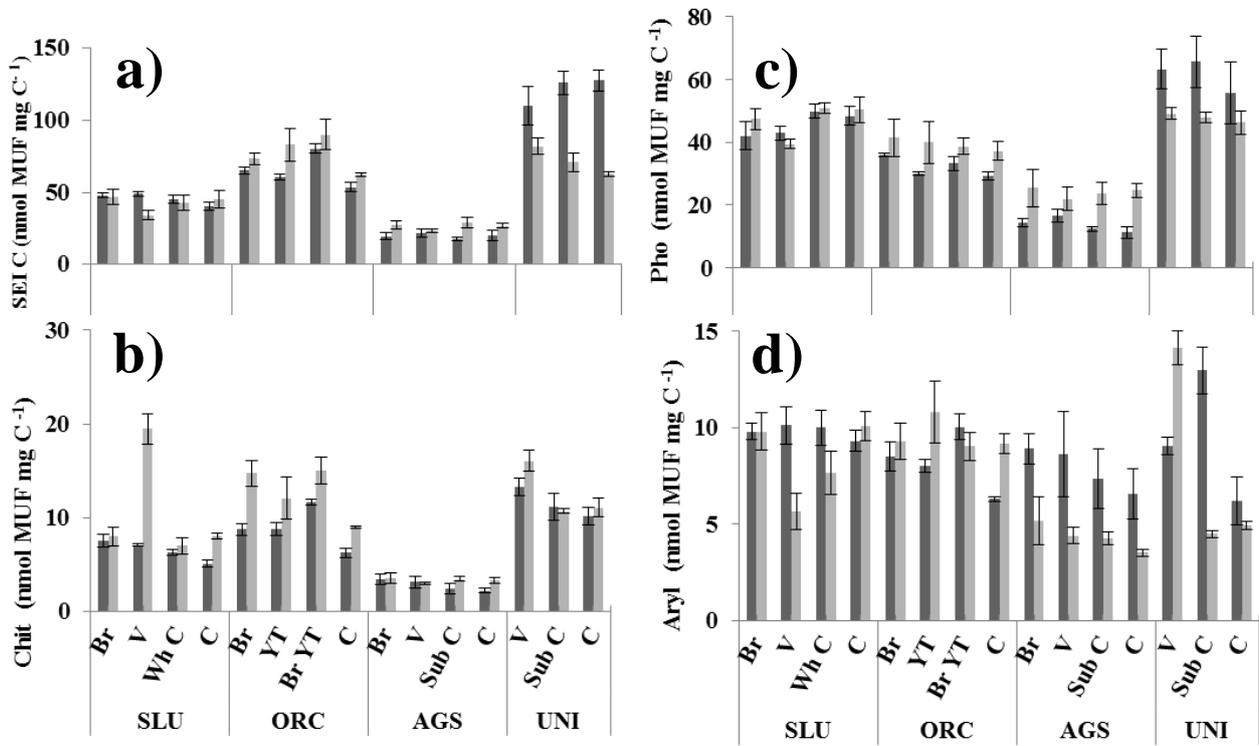


Figure 6

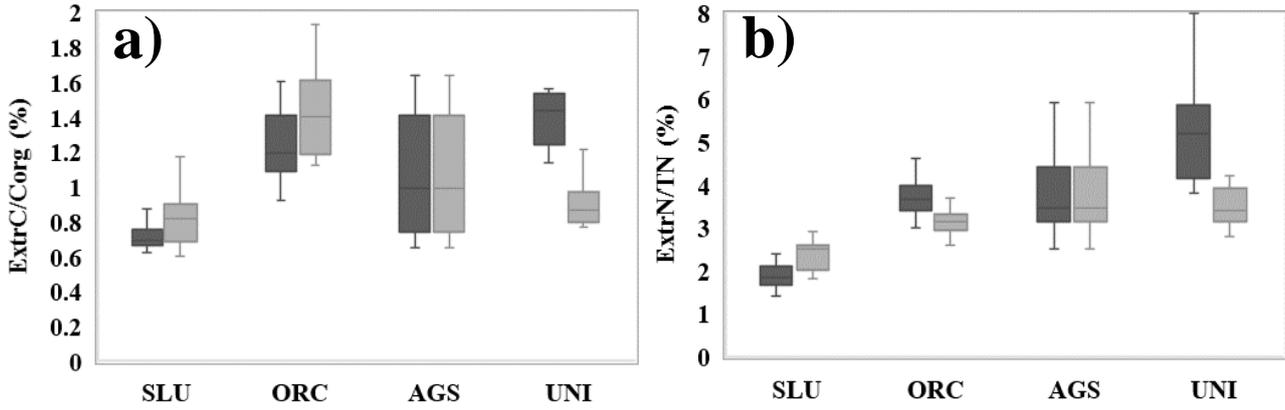


Figure 7

