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## Polyphenols

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### Synthesis of a novel ester of hydroxytyrosol and lipoic acid exhibiting an antiproliferative effect on human colon cancer HT-29 cells

Roberta Bernini<sup>1</sup>\*, Fernanda Crisante<sup>1</sup>, Nicolò Merendino<sup>2</sup>, Romina Molinari<sup>2</sup>, Maria Chiara Soldatelli<sup>1</sup>, and Francesca Velotti<sup>3</sup>

<sup>1</sup>Laboratorio di Chimica Organica, Dipartimento di Agrobiologia e Agrochimica, Università degli Studi della Tuscia, Via S. Camillo De Lellis, 01100 Viterbo, Italy

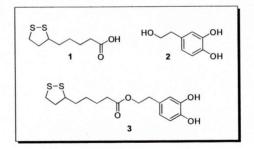
<sup>2</sup>Laboratory di Farmacologia, Dipartimento di Ecologia e dello Sviluppo Sostenibile, Università degli Studi della Tuscia, Via S. Camillo De Lellis, 01100 Viterbo, Italy

\*Corresponding author: berninir@unitus.it

Abstract. A novel hydroxytyrosol-lipoic acid derivative has been synthesized. Key steps are an esterification reaction between tyrosol and  $\alpha$ -lipoic acid derivatives and a regioselective aromatic hydroxylation of the monohydroxylated ester performed by 2-iodoxybenzoic acid (IBX) followed by an in situ reduction with sodium dithionite (Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>). The novel ester exhibited an antiproliferative effect on the human colorectal adenocarcinoma HT-29 cell line significantly more potent than its parent compounds.

**Introduction.**  $\alpha$ -Lipoic acid 1 (1,2-dithiolane-3-pentanoic acid or 6,8-thioctic acid) is a sulphurcontaining cofactor present in wheat germ, beer yeast and red meat [1]. Hydroxytyrosol 2 [2-(3,4dihydroxyphenyl)ethanol] is the most important component of the phenolic compounds found in virgin and extra olive oil [2]. Both molecules are components of the human diet and show several interesting pharmacological properties such as antioxidant, anti-inflammatory, anticancer activity [3].

On the basis of the data concerning the biological properties of hydroxytyrosol and  $\alpha$ -lipoic acid, we projected the synthesis of the novel compound **3** obtained combining the two natural molecules (Figure 1). The novel ester was evaluated for its effect on the proliferation of the human colorectal adenocarcinoma HT-29 cell line, related to the corresponding parent natural compounds.



**Figure 1** 

**Material and Methods.** Reagents and solvents were purchased from Sigma Aldrich. IBX was prepared in our laboratory as described [4]. HPLC analyses were performed on a Varian Prostar 325 apparatus equipped with an UV-Vis detector selected on  $\lambda$ =280 nm. <sup>1</sup>H and <sup>13</sup>C NMR spectra were recorded in CDCl<sub>3</sub> (99.8% in deuterium) and in CD<sub>3</sub>OD (99.8% in deuterium) using a Bruker 200 MHz spectrometer. Silica gel 60 F254 plates and silica gel 60 were furnished by Merck. The human colorectal adenocarcinoma HT-29 cell line was obtained from American Type Culture Collection (ATCC, Rockville, MD). Proliferation data were assessed using a BrdU–ELISA kit (Roche Diagnostics). Cell cycle was analyzed by flow cytometry. Results from proliferation and cell cycle experiments were evaluated by one-way ANOVA test.

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**Results and Discussion.** Different synthetic approaches were followed [5]. The best results in term of yield of ester were obtained performing an esterification reaction between tyrosol selectively protected on the phenolic group and lipoic acid under Steglich conditions; then, a regioselective aromatic hydroxylation of the monohydroxylated ester with 2-iodoxybenzoic acid (IBX) and an *in situ* reduction with sodium dithionite (Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>).

The novel ester was evaluated for its effect on the proliferation of the human colorectal adenocarcinoma HT-29 cell line related to hydroxytyrosol and  $\alpha$ -lipoic acid (Figure 2). Experimental data demonstrated that it exerted an antiproliferative effect significantly more potent than the parent compounds.

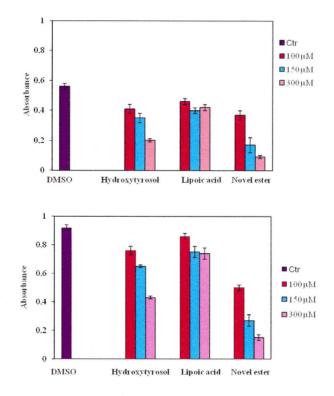


Figure 2. Inhibition of HT-29 cell proliferation after incubation for 24 h and for 48 h of the three compounds at different concentrations.

Mechanicistic studies of the cell cycle showed that the novel ester induced a block at the G2/M phase significantly stronger than hydroxytyrosol and  $\alpha$ -lipoic acid, suggesting that the reduction in cancer cell growth is mediated by the induction of the G2 to M phase cell cycle arrest.

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